

Ping Shuai Gong A Simple But Powerful Qigong Technique

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[Why Zebras Don't Get Ulcers](#) - Robert M. Sapolsky 2004-09-15

Renowned primatologist Robert Sapolsky offers a completely revised and updated edition of his most popular work, with over 225,000 copies in print Now in a third edition, Robert M. Sapolsky's acclaimed and successful *Why Zebras Don't Get Ulcers* features new chapters on how stress affects sleep and addiction, as well as new insights into anxiety and personality disorder and the impact of spirituality on managing stress. As Sapolsky explains, most of us do not lie awake at night worrying about whether we have leprosy or malaria. Instead, the diseases we fear-and the ones that plague us now-are illnesses brought on by the slow accumulation of damage, such as heart disease and cancer. When we worry or experience stress, our body turns on the same physiological responses that an animal's does, but we do not resolve conflict in the same way-through fighting or fleeing. Over time, this activation of a stress response makes us literally sick. Combining cutting-edge research with a healthy dose of good humor and practical advice, *Why Zebras Don't Get Ulcers* explains how prolonged stress causes or intensifies a range of physical and mental afflictions, including depression, ulcers, colitis, heart disease, and more. It also provides essential guidance to controlling our stress responses. This new edition promises to be the most comprehensive and engaging one yet.

How to Read Chinese Poetry - Zong-qi Cai 2008

In this "guided" anthology, experts lead students through the major genres and eras of Chinese poetry from antiquity to the modern time. The volume is divided into 6 chronological sections and features more than 140 examples of the best shi, sao, fu, ci, and qu poems. A comprehensive introduction and extensive thematic table of contents highlight the thematic, formal, and prosodic features of Chinese poetry, and each chapter is written by a scholar who specializes in a particular period or genre. Poems are presented in Chinese and English and are accompanied by a tone-marked romanized version, an explanation of Chinese linguistic and poetic conventions, and recommended reading strategies. Sound recordings of the poems are available online free of charge. These unique features facilitate an intense engagement with Chinese poetical texts and help the reader derive aesthetic pleasure and insight from these works as one could from the original. The companion volume *How to Read Chinese Poetry Workbook* presents 100 famous poems (56 are new selections) in Chinese, English, and romanization, accompanied by prose translation, textual notes, commentaries, and recordings. Contributors: Robert Ashmore (Univ. of California, Berkeley); Zong-qi Cai; Charles Egan (San Francisco State); Ronald Egan (Univ. of California, Santa Barbara); Grace Fong (McGill); David R. Knechtges (Univ. of Washington); Xinda Lian (Denison); Shuen-fu Lin (Univ. of Michigan); William H. Nienhauser Jr. (Univ. of Wisconsin); Maija Bell Samei; Jui-lung Su (National Univ. of Singapore); Wendy Swartz (Columbia); Xiaofei Tian (Harvard); Paula Varsano (Univ. of California, Berkeley); Fusheng Wu (Univ. of Utah)

Mathematical Reviews - 2005

Daoyin Yangsheng Gong Shi Er Fa - Chinese Health Qigong Association 2018-02-15

An easy-to-learn but very extremely effective 12-movement qigong form taken from over 50 routines of Daoyin health qigong developed by Professor Zhang Guangde. The book provides fully-illustrated instruction on the 12 movements for both standing and seated positions, and downloadable verbal

instruction and demonstrations the form.

[Handbook Of Synthetic Methodologies And Protocols Of Nanomaterials \(In 4 Volumes\)](#) - 2019-08-13

This comprehensive book set includes four volumes, covering the methods and protocols for the synthesis, fabrication, and characterization of nanomaterials. The first two books introduce the solution phase and gas synthesis approaches for nanomaterials, providing a number of most widely used protocols for each nanomaterial. An exhaustive list of nanomaterials are included, which are arranged according to the atomic number of the main element in the compound for easy search. For each material, the protocols are categorized according to the morphology of the nanostructure. A detailed reference is included in each protocol to point the readers to the source of the protocol. The third book describes many unconventional methods for the fabrication of nanostructures, including lithography and printing, self-assembly, chemical transformation, templated synthesis, electrospinning, laser induced synthesis, flame and plasma synthesis, and atomic layer deposition processes. The fourth book covers the typical methods for structural characterization of nanomaterials, including electron diffraction, electron microscopy, atomic force microscopy, scanning tunneling microscopy, X-ray diffraction, in-situ and operando X-ray techniques, X-ray absorption fine structure spectroscopy, static and dynamic light scattering, vibrational characterization methods, and NMR spectroscopy. In addition to the introduction of the basic operational principles of these tools, the book focuses explicitly on how they can be applied for analyzing nanomaterials. The handbook is a complete reference that can provide readers easily accessible information on how to synthesize and characterize nanomaterials desired for their target applications.

[The Secret to Healing Cancer](#) - Tien-Sheng Hsu 2012-09-04

The Secret to Healing Cancer: A Chinese Psychiatrist and Family Doctor Presents His Amazing Method For Curing Cancer Through Psychological And Spiritual Growth by Dr Tien-Sheng Hsu. Dr. Tien-Sheng Hsu is a highly respected medical doctor and psychiatrist in Taiwan who uses a very different approach from traditional medicine. He is the founder of a Holistic Clinic in Taipei which treats cancer, other physical illnesses and mental illness based on the idea that all illness is a reflection of inner problems which disrupt the powerful immune system that is our natural state. This inner dis-ease can be described as unresolved issues, blockages, repressed emotion, habitual negative patterns of thought, or unhealthy behavior that exists in the individual's psychology, life, and heart . Dr Hsu's emphasis is on helping the patient to grow, and heal their psyche and life, and thus reinvigorate and unleash the body's powerful natural healing and recuperative powers. The many people who have dramatically improved or completely healed themselves with the aid of Dr Hsu, have resulted in a burgeoning interest in this approach throughout Asia

[Lifestyle and Entertainment in Yangzhou](#) - Lucie B. Olivová 2009

The Chinese city of Yangzhou has been of great cultural significance for many centuries, despite its destruction by invaders in the 17th and 19th centuries. It was a site of virtual pilgrimage for aspiring members of the Chinese educated class during the Ming and Qing periods. Moreover, because it was one of the foremost commercial centres during the late imperial period, it was the place where the merchant and scholarly classes merged to set new standards of taste and to create a cultural milieu quite unlike that of other cities, even other major centres in the region. The luxurious elegance of its gardens and the eminence of its artistic traditions meant that Yangzhou set aesthetic standards for the entire realm for much of the

late imperial age. Over the years, particular regional forms of art and entertainment arose here, too, some surviving into the present time.

Qi Gong sitting - Hartmut von Czapski 2019-12-30

This book describes 34 Qi Gong exercises performed while sitting. From simple movement exercises to Tuina massage exercises, breathing exercises and concentration exercises. These exercises improve the energy intake, strengthen the self-healing powers and balance the autonomic nervous system. They promote the ability to concentrate and inner peace. They have a positive effect on the digestive system, the muscles, the tendons, joints and the spine. The increased oxygen intake strengthens the heart and lungs. It is very well suited as a exercise book for occupational medicine, for old people's home, as a completion for any Qi Gong course or just for in between for all office or computer workers. The many photos and the clear description make it easy to understand the exercises.

Arm Swinging Qigong - John Robertson 2017-12

The Chinese Swinging Arm Qigong Exercises have been used for millenia to promote health and well-being; and are one of the key secrets to longevity. For the first time here in one volume are the instructions for a number of variations of the exercises along with the background, history, functions and effects of the exercises.

Strong Metal-support Interactions - R. T. K. Baker 1986

Qi Gong for Total Wellness - Baolin Wu 2013-10-29

Qi Gong for Total Wellness is a clear, illustrated guide to Qi Gong, the ancient self-healing art that combines movement, meditation, and visualization to boost energy and improve health. Author Baolin Wu specializes in Nine Palaces Solar Qi Gong which works with the energy of the sun, and trains practioners to expel toxins and intake healthy qi through the nine openings--palaces-- of the body. This introduction to the concepts of Qi Gong and contains exercises and methods pertaining to each part of the body, with clear instructions how to accurately apply the methods of Solar Qi Gong to increase physical and mental health using this ancient art.

Trends in the Use of Complementary Health Approaches Among Adults - Tainya C. Clarke 2015

International Conference on Cognitive based Information Processing and Applications (CIPA 2021) - Bernard J. Jansen 2021-10-28

This book contains papers presented at the International Conference on Cognitive based Information Processing and Applications (CIPA) held during August 21, 2021, online conference (since COVID 19), which is divided into a 2-volume book. The papers in the second volume represent the various technological advancements in network information processing, graphics and image processing, medical care, machine learning, smart cities. It caters to postgraduate students, researchers, and practitioners specializing and working in the area of cognitive-inspired computing and information processing.

Space Information Networks - Quan Yu 2018-02-02

This book constitutes the proceedings of the Second International Conference on Space Information Network, SINC 2017, held in Yinchuan, China, in August 2017. The 27 full and three short papers presented in this volume were carefully reviewed and selected from 145 submissions. The papers are organized in topical sections on system architecture and efficient networking mechanism; theory and method of high speed transmission; sparse representation and fusion processing.

Neural Machine Translation - Philipp Koehn 2020-06-18

Learn how to build machine translation systems with deep learning from the ground up, from basic concepts to cutting-edge research.

Nanomaterial - Based Biomedical Applications in Molecular Imaging, Diagnostics and Therapy - Amitabha Acharya 2020-05-23

This book comprehensively reviews the recent advances in nanomaterial-based molecular imaging, diagnostics, and personalized therapy. It discusses the novel biocompatible fluorescent nanomaterials, their synthesis, and modern state of art characterization, as well as the various strategies for immobilization of biomacromolecules on the nanomaterial surface and approaches for increasing their stability. In addition,

the book describes the synthesis of lectin nanoconjugates using different types of biocompatible raw materials and their systematic characterization. Lastly, it presents our current understanding of the biomolecular corona, which affects nanoparticle-based targeted drug delivery, and examines the conceptual approaches to improve the in-vivo efficacy of targeted drug delivery.

Online Visual Tracking - Huchuan Lu 2019-08-09

This book presents the state of the art in online visual tracking, including the motivations, practical algorithms, and experimental evaluations. Visual tracking remains a highly active area of research in Computer Vision and the performance under complex scenarios has substantially improved, driven by the high demand in connection with real-world applications and the recent advances in machine learning. A large variety of new algorithms have been proposed in the literature over the last two decades, with mixed success. Chapters 1 to 6 introduce readers to tracking methods based on online learning algorithms, including sparse representation, dictionary learning, hashing codes, local model, and model fusion. In Chapter 7, visual tracking is formulated as a foreground/background segmentation problem, and tracking methods based on superpixels and end-to-end deep networks are presented. In turn, Chapters 8 and 9 introduce the cutting-edge tracking methods based on correlation filter and deep learning. Chapter 10 summarizes the book and points out potential future research directions for visual tracking. The book is self-contained and suited for all researchers, professionals and postgraduate students working in the fields of computer vision, pattern recognition, and machine learning. It will help these readers grasp the insights provided by cutting-edge research, and benefit from the practical techniques available for designing effective visual tracking algorithms. Further, the source codes or results of most algorithms in the book are provided at an accompanying website.

Graph Representation Learning - William L. Hamilton 2022-06-01

Graph-structured data is ubiquitous throughout the natural and social sciences, from telecommunication networks to quantum chemistry. Building relational inductive biases into deep learning architectures is crucial for creating systems that can learn, reason, and generalize from this kind of data. Recent years have seen a surge in research on graph representation learning, including techniques for deep graph embeddings, generalizations of convolutional neural networks to graph-structured data, and neural message-passing approaches inspired by belief propagation. These advances in graph representation learning have led to new state-of-the-art results in numerous domains, including chemical synthesis, 3D vision, recommender systems, question answering, and social network analysis. This book provides a synthesis and overview of graph representation learning. It begins with a discussion of the goals of graph representation learning as well as key methodological foundations in graph theory and network analysis. Following this, the book introduces and reviews methods for learning node embeddings, including random-walk-based methods and applications to knowledge graphs. It then provides a technical synthesis and introduction to the highly successful graph neural network (GNN) formalism, which has become a dominant and fast-growing paradigm for deep learning with graph data. The book concludes with a synthesis of recent advancements in deep generative models for graphs—a nascent but quickly growing subset of graph representation learning.

Asymmetric Bronsted Acid Catalysis - Magnus Rueping 2016-02-23

A much-needed overview of the synthesis of chiral Brønsted acids and their applications in various organic transformations. The internationally recognized and highly respected expert authors summarize the most significant advances in this new and dynamically progressing field, with a special emphasis on BINOL-derived phosphoric acids. They also describe other catalysts, such as C-H, TADDOL-derived Brønsted, and sulfonic acids. For easy navigation, the chapters are organized in the first instance according to reactive intermediate and then sub-divided by reaction type. An appendix with selected experimental details for benign and straight-forward procedures rounds of the book, making this the number-one information source for organic chemists in academia and industry.

Design and Synthesis of Conjugated Polymers - Mario Leclerc 2010-06-24

This first systematic compilation of synthesis methods for different classes of polymers describes well-tested and reproducible procedures, thus saving time, money and chemicals. Each chapter presents the latest method for a specific class of conjugated polymers with a particular emphasis on the design aspects

for organo-electronic applications. In this concise and practically oriented manner, readers are introduced to the strategies of influencing and controlling the polymer properties with respect to their use in the desired device. This style of presentation quickly helps researchers in their daily lab work and prevents them from reinventing the wheel over and over again.

A Cautious New Approach - Denghua Zhang 2020-03-20

'As a student of international relations and a former diplomat, Zhang brings the insights of a practitioner and the eye of scholar to explain why Chinese actors choose to engage in aid cooperation with traditional donors in the Asia-Pacific. This book is among the first to take a holistic approach to understanding the motivations of the many agencies involved in China's aid program, and it will challenge the expectations of many readers.' —Dr Graeme Smith, The Australian National University 'This book breaks new ground by examining a little-known dimension of China's foreign policy: trilateral aid cooperation. Denghua Zhang sets this highly original analysis in the context of the new assertiveness of Chinese foreign policy under Xi Jinping, the China International Development Cooperation Agency established in 2018, and the Belt and Road Initiative, which now serves as the framework for Chinese overseas aid and engagement. At a time when the debate in the West about the rise of China has intensified, not always knowledgeably, this book fills an important gap in our understanding of China in Southeast Asia and the Pacific.' —Dr Stewart Firth, The Australian National University 'This thoroughly researched work examines trilateral cooperation as a new and interesting aspect of China's growing international aid program, and as a window into the changing nature of that program as well as the wider foreign policy in which it is embedded. The broad themes and topics discussed are clearly significant, ultimately touching on one of the most important international issues of our time, the implications of the rise of China for a long-established Western-dominated international system.' —Prof. Terence Smith-Wesley, University of Hawai'i

Plasma Catalysis - Annemie Bogaerts 2019-04-02

Plasma catalysis is gaining increasing interest for various gas conversion applications, such as CO₂ conversion into value-added chemicals and fuels, N₂ fixation for the synthesis of NH₃ or NO_x, methane conversion into higher hydrocarbons or oxygenates. It is also widely used for air pollution control (e.g., VOC remediation). Plasma catalysis allows thermodynamically difficult reactions to proceed at ambient pressure and temperature, due to activation of the gas molecules by energetic electrons created in the plasma. However, plasma is very reactive but not selective, and thus a catalyst is needed to improve the selectivity. In spite of the growing interest in plasma catalysis, the underlying mechanisms of the (possible) synergy between plasma and catalyst are not yet fully understood. Indeed, plasma catalysis is quite complicated, as the plasma will affect the catalyst and vice versa. Moreover, due to the reactive plasma environment, the most suitable catalysts will probably be different from thermal catalysts. More research is needed to better understand the plasma-catalyst interactions, in order to further improve the applications.

Transport of Fluids in Nanoporous Materials - Suresh K. Bhatia 2019-01-25

This book is a printed edition of the Special Issue "Transport of Fluids in Nanoporous Materials" that was published in Processes

Data Science and Knowledge Engineering for Sensing Decision Support - Jun Liu 2018-07-26

FLINS, originally an acronym for Fuzzy Logic and Intelligent Technologies in Nuclear Science, is now extended to include Computational Intelligence for applied research. The contributions of the FLINS conference cover state-of-the-art research, development, and technology for computational intelligence systems, with special focuses on data science and knowledge engineering for sensing decision support, both from the foundations and the applications points-of-view.

Waking the Tiger: Healing Trauma - Peter A. Levine, Ph.D. 1997-07-07

Now in 24 languages. Nature's Lessons in Healing Trauma... Waking the Tiger offers a new and hopeful vision of trauma. It views the human animal as a unique being, endowed with an instinctual capacity. It asks and answers an intriguing question: why are animals in the wild, though threatened routinely, rarely traumatized? By understanding the dynamics that make wild animals virtually immune to traumatic symptoms, the mystery of human trauma is revealed. Waking the Tiger normalizes the symptoms of trauma and the steps needed to heal them. People are often traumatized by seemingly ordinary experiences. The reader is taken on a guided tour of the subtle, yet powerful impulses that govern our responses to

overwhelming life events. To do this, it employs a series of exercises that help us focus on bodily sensations. Through heightened awareness of these sensations trauma can be healed.

Secrets of Strength - Earle E. Liederman 2008-05-25

Reprint of a fascinating old book that everyone who is interested in sports and athletics must read.

Everything one should know about how one can gain unusually great strength, about the famous strongmen of the past and their training methods... By one of the absolutely best informed - the authentic strength training super-expert Earle Liederman.

Federated Learning - Qiang Yang 2020-11-25

This book provides a comprehensive and self-contained introduction to federated learning, ranging from the basic knowledge and theories to various key applications. Privacy and incentive issues are the focus of this book. It is timely as federated learning is becoming popular after the release of the General Data Protection Regulation (GDPR). Since federated learning aims to enable a machine model to be collaboratively trained without each party exposing private data to others. This setting adheres to regulatory requirements of data privacy protection such as GDPR. This book contains three main parts. Firstly, it introduces different privacy-preserving methods for protecting a federated learning model against different types of attacks such as data leakage and/or data poisoning. Secondly, the book presents incentive mechanisms which aim to encourage individuals to participate in the federated learning ecosystems. Last but not least, this book also describes how federated learning can be applied in industry and business to address data silo and privacy-preserving problems. The book is intended for readers from both the academia and the industry, who would like to learn about federated learning, practice its implementation, and apply it in their own business. Readers are expected to have some basic understanding of linear algebra, calculus, and neural network. Additionally, domain knowledge in FinTech and marketing would be helpful."

Chinese Medical Qigong - Tianjun Liu 2013-05-28

Based on the latest edition of the approved textbook on Medical Qigong used in Chinese universities, this authoritative paperback edition has been completely revised and edited to meet the needs of western practitioners. The editors emphasize the practice of Qigong, and this section of the book has been revised and expanded; a wide range of Qigong forms are presented, taking full account of the history, correct practice, and development of Qigong. The section on the clinical applications of Qigong in the treatment of a wide range of conditions, with the recommended Qigong forms for treatment, and relevant references to the ancient texts has been substantially revised, and focuses on conditions more common in the West. The book also presents the newest research on Medical Qigong, including groundbreaking new discoveries about the physiological and psychological mechanisms. Omitted from this paperback edition are the extensive excerpts from the ancient texts, and the detailed history, more appropriate for academic study. This is an unparalleled resource for practitioners of Qigong and Chinese medicine, as well as medical students and other healthcare professionals seeking a better understanding of the theory, practice and beneficial health applications of Medical Qigong.

The Relaxation Response - Herbert Benson, M.D. 2009-09-22

In this time of quarantine and global uncertainty, it can be difficult to deal with the increased stress and anxiety. Using ancient self-care techniques rediscovered by Herbert Benson, M.D., a pioneer in mind/body medicine for health and wellness, you can relieve your stress, anxiety, and depression at home with just ten minutes a day. Herbert Benson, M.D., first wrote about a simple, effective mind/body approach to lowering blood pressure in The Relaxation Response. When Dr. Benson introduced this approach to relieving stress over forty years ago, his book became an instant national bestseller, which has sold over six million copies. Since that time, millions of people have learned the secret—without high-priced lectures or prescription medicines. The Relaxation Response has become the classic reference recommended by most health care professionals and authorities to treat the harmful effects of stress, anxiety, depression, and high blood pressure. Rediscovered by Dr. Benson and his colleagues in the laboratories of Harvard Medical School and its teaching hospitals, this revitalizing, therapeutic tack is now routinely recommended to treat patients suffering from stress and anxiety, including heart conditions, high blood pressure, chronic pain, insomnia, and many other physical and psychological ailments. It requires only minutes to learn, and just ten minutes of practice a day.

Peking Review - 1960-07

The Lausanne Covenant - John R. W. Stott 1975

The Adverse Childhood Experiences Recovery Workbook - Glenn R. Schiraldi 2021-01-02

Practical skills for healing the hidden wounds of childhood trauma We're all a product of our childhood, and if you're like most people, you have experienced some form of childhood trauma. Adverse childhood experiences (ACEs) are at the root of nearly all mental health disorders, including depression, anxiety, panic disorder, post-traumatic stress disorder (PTSD), and attention-deficit/hyperactivity disorder (ADHD). Memories associated with ACEs imprint on a child's brain, and can manifest themselves mentally and physically throughout adulthood—even decades after the traumatic incident. So, how can you begin healing the deep wounds of ACEs and build strength and resilience? In this innovative workbook, trauma specialist Glenn Schiraldi presents practical, evidence-based skills to help you heal from ACEs. In addition to dealing with the symptoms, you'll learn to address the root cause of your suffering, change the way your brain responds to stress and the outside world, and soothe troubling memories. Using the trauma-informed and resilience-building practices in this book, you will: Understand how toxic childhood stress is affecting your health Rewire disturbing imprints in your brain using cutting-edge skills Learn how to regulate stress and emotional arousal Discover why traditional psychological approaches might not be helping Know when and how to find the right kind of therapy Childhood trauma doesn't have to define you for the rest of your life. With this book as your guide, you will be able to make fundamental changes and replace needless suffering with self-care, security, and contentment.

mTOR Signaling in Metabolism and Cancer - Shile Huang 2020-12-03

The mechanistic/mammalian target of rapamycin (mTOR), a serine/threonine kinase, is a central regulator for human physiological activity. Deregulated mTOR signaling is implicated in a variety of disorders, such as cancer, obesity, diabetes, and neurodegenerative diseases. The papers published in this Special Issue summarize the current understanding of the mTOR pathway and its role in the regulation of tissue regeneration, regulatory T cell differentiation and function, and different types of cancer including hematologic malignancies, skin, prostate, breast, and head and neck cancer. The findings highlight that targeting mTOR pathway is a promising strategy to fight against certain human diseases.

Quantile Regression - Roger Koenker 2005-05-05

Quantile regression is gradually emerging as a unified statistical methodology for estimating models of conditional quantile functions. By complementing the exclusive focus of classical least squares regression on the conditional mean, quantile regression offers a systematic strategy for examining how covariates influence the location, scale and shape of the entire response distribution. This monograph is the first comprehensive treatment of the subject, encompassing models that are linear and nonlinear, parametric and nonparametric. The author has devoted more than 25 years of research to this topic. The methods in the analysis are illustrated with a variety of applications from economics, biology, ecology and finance. The treatment will find its core audiences in econometrics, statistics, and applied mathematics in addition to the disciplines cited above.

Evolution of Cardio-Metabolic Risk from Birth to Middle Age - Gerald S. Berenson 2011-07-09

That precursors of adult coronary artery disease, hypertension, and type II diabetes begin in childhood have been clearly established by the Bogalusa Heart Study. This unique research program has been able to follow a biracial (black/white) population over 35 years from childhood through mid-adulthood to provide perspectives on the natural history of adult heart diseases. Not only do these observations describe

trajectories of cardio-metabolic risk variables leading to these diseases but provide a rationale for the need to begin prevention beginning in childhood. The trajectories of the burden of cardio-metabolic risk variables in the context of their fetal origin and chromosome telomere dynamics provide some insight into the metabolic imprinting in utero and aging process. The observed racial contrasts on cardio-metabolic risk variables implicate various biologic pathways interacting with environment contributing to the high morbidity and mortality from related diseases in our population. To address the seriousness of the onset of cardiovascular disease in youth, approaches to primordial prevention are described focussing on childhood health education as an important aspect of Preventive Cardiology.

Daily Life for the Common People of China, 1850 to 1950 - Ronald Suleski 2018-10-11

In this book Ronald Suleski introduces a new category of source material, chaoben 抄本, for understanding the lives of China's semi-literate masses before 1950. It links the documents now flooding the antiques markets in China, with the hopes and fears of China's people at the end of the pre-modern era.

Nanomaterials and Nanocomposites for Environmental Remediation - Swatantra P. Singh 2021-08-10

This monograph focuses on recent development of nanomaterials and nanocomposites for pollution measurement and their control in water, air, and soil. The contents incorporate carbon-based, metal-based, and metal-organic framework based nanomaterials and nanocomposites for emerging contaminants (pharmaceuticals and personal care products) degradation, disinfection, and other traditional pollutants degradation and removal. The book also offers updated literature for researchers and academicians working in the field of environmental remediation by nanomaterials. Readers will learn about different metal and non-metal based nanoparticles for environmental remediation. It will be a useful guide for professionals, and post-graduate students involved in material science & engineering, chemical engineering and environmental nanotechnology research. ^

A Martial Odyssey - Edmund Shen 2014-11-10

Synopsis "It is said that when a martial exponent reached the highest state of divinity of their arts, they be able to transcend into Celestials, overcoming the limitation of life and death. And as Celestials, they have to overcome seven celestial divinity, Genesis, Enlighten, Emotion, Transverse, Seventh Sense, Crisis and Ascend in order to transcend to the Heavens." A Martial Odyssey is an epic quasi-fantasy/wuxia fiction spanning three books. The powerful Honor Manor rules the Orthodox Martial Fraternity, yet there are other equally mysterious martial clans that are outside the influence of the orthodox fraternity; like the Eternal Ice Palace, the Virtuous Palace and the Celestial Palace. When the Celestial Fairy of the Eternal Ice Palace is rumored to pass away, it immediately attracted the attention of numerous exponents that undertake the perilous journey to the Heavenly Mountains for the martial secrets of the Eternal Ice Palace. *Simple Qigong Exercises for Health* - Dr Jwing-Ming Yang, PH.D. 2013

Modelling, Simulation and Data Analysis in Acoustical Problems - Claudio Guarnaccia 2020-06-23

Modelling and simulation in acoustics is currently gaining importance. In fact, with the development and improvement of innovative computational techniques and with the growing need for predictive models, an impressive boost has been observed in several research and application areas, such as noise control, indoor acoustics, and industrial applications. This led us to the proposal of a special issue about "Modelling, Simulation and Data Analysis in Acoustical Problems", as we believe in the importance of these topics in modern acoustics' studies. In total, 81 papers were submitted and 33 of them were published, with an acceptance rate of 37.5%. According to the number of papers submitted, it can be affirmed that this is a trending topic in the scientific and academic community and this special issue will try to provide a future reference for the research that will be developed in coming years.