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Human Development: A Life-Span View - Robert V. Kail 2015-01-01

Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Everyday Ethics - Paul Brodwin 2013

This book explores the moral lives of mental health clinicians serving the most marginalized individuals in the US healthcare system. Drawing on years of fieldwork in a community psychiatry outreach team, Brodwin traces the ethical dilemmas and everyday struggles of front line providers. On the street, in staff room debates, or in private confessions, these psychiatrists and social workers confront ongoing challenges to their self-image as competent and compassionate advocates. At times they openly question the coercion and forced-dependency built into the current system of care. At other times they justify their use of extreme power in the face of loud opposition from clients. This in-depth study exposes the fault lines in today's community psychiatry. It shows how people working deep inside the system struggle to maintain their ideals and manage a chronic sense of futility. Their commentaries about the obligatory and the forbidden also suggest ways to bridge formal bioethics and the realities of mental health practice. The experiences of these clinicians pose a single overarching question: how should we bear responsibility for the most vulnerable among us?

Human Growth and Development Across the Lifespan - David Capuzzi 2016-02-10

A practically focused guide to effective counseling of all clients Human Development Across the Life Span is a practical guide to human growth and development, moving beyond theory to include real-world applications for counselors who work with clients. Written by recognized authorities in mental health counseling and counselor education, this book is fully aligned with the American Counseling Association's accreditation standards and includes contributions by well-known and respected academics and practitioners. Based on an extensive review of course syllabi across CACREP-accredited programs, this book is organized to follow the way courses are typically taught and follows a consistent structure including pedagogical elements that help students learn. After a thorough examination of essential concepts and theories of life span development, the book moves through each stage of human growth and development to provide expert insight, short case studies, and practical applications to counseling. The full Instructor's package provides a useful set of tools, including a Respondus test bank, PowerPoint slides, and an Instructor's Manual. This book is the only text on human growth and development that emphasizes the key

implications and applications for counselors, providing useful information and the insights of real experts in each subject area. Understand the developmental milestones at each life stage Appreciate clients' perspectives to better facilitate appropriate interventions Work more effectively with clients of any age, from toddlers to seniors Tailor your approach to meet the unique needs and abilities of each life stage As a counselor, you cannot approach a child's therapy the same way you approach an adult's. Even within each major category, each developmental stage includes a nuanced set of characteristics that, considered appropriately, will inform a more effective treatment plan. Human Development Across the Life Span is a comprehensive guide to understanding all of your clients, and providing the type of counseling that facilitates more positive outcomes.

Lenses: Applying Lifespan Development Theories in Counseling - Kurt L. Kraus 2008-01-28

Lenses offers a current and practical review of human development perspectives and theories, a subject that is often critically under-represented in graduate courses. Kraus presents an expansive selection of human development models, theories, and perspectives, and demonstrates how a strong grasp of developmental principles can inform practical applications. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Counseling Across the Lifespan - Cindy L Juntunen 2015-04-15

Counseling Across the Lifespan by Cindy L. Juntunen and Jonathan P. Schwartz is a practical book that helps readers provide effective mental, emotional, and behavioral health services to clients across the continuum of care, from health promotion through long-term treatment and remediation. Anchoring each chapter within a life stage—from childhood through older adulthood—the text identifies the nature and origin of various psychological issues and emphasizes the importance of anticipating and responding early to concerns that arise for large portions of the population. The Second Edition features new chapters and expanded coverage of important topics, such as sociocultural contextual factors and interprofessional health perspectives.

Applying Career Development Theory to Counseling - Richard S. Sharf 2016-09-26

A must-read for counselors in training, Sharf's APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website provides case studies, tutorial quizzes, and relevant links. Available with InfoTrac Student Collections <http://goengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Counseling Theory - Richard D. Parsons 2014-01-16

Organized around the latest CACREP standards, Counseling Theory: Guiding Reflective Practice, by Richard D. Parsons and Naijian Zhang, presents theory as an essential component to both counselor identity formation and professional practice. Drawing on the contributions of current practitioners, the text uses both classical and cutting-edge theoretical models of change as lenses for processing client information and developing case conceptualizations and intervention plans. Each chapter provides a snapshot of a particular theory/approach and the major thinkers associated with each theory as well as case

illustrations and guided practice exercises to help readers internalize the content presented and apply it to their own development as counselors.

Multicultural Psychology - Jennifer Teramoto Pedrotti 2020-07-30

Combining theory and history with an active approach rooted in self-reflection, *Multicultural Psychology* applies a framework of self-awareness and social justice to foundational and current topics across *Multicultural Psychology* studies today. *Multicultural Psychology* focuses on identity and its social context to help students view culture not just as a minority issue, but a way of understanding all human experiences. *Multicultural Psychology* will help students apply concepts to their own lives at point of learning, to assess their own awareness and progress, and to consider their own role and ability to engage in social change. With this balanced approach, *Multicultural Psychology* helps students entering the course with varied levels of cultural and diversity awareness to understand their individual and social cultural contexts, to gain awareness of their interactions with others, and to understand the intersections that occur with other cultures across their lives and careers.

Translating Theory Into Practice - Justin E. Levitov 2009

"Practicum and internship courses are the most challenging and exciting components of a counselor's academic preparation. This hands-on text is the ideal resource for such students as they begin the process of translating counseling theory into effective clinical practice. The authors' clear, conversational approach not only orients students to the challenges of clinical training but also enhances their ability to learn from these experiences." "Translating Theory into Practice covers all aspects of counselor training, from the core relationships that are essential to professional development to workable suggestions on selecting a field site, managing cases, terminating with clients, and networking with other mental health professionals. Vignettes and sample dialogues highlight real-world ethical issues and counseling concerns. The text also includes relevant information on state licensing requirements and national standards as well as several major codes of ethics. With insights gleaned from years of both teaching and professional counseling practice, the authors equip students with the skills they need to reap the full benefits that practicum and internship afford" --Book Jacket.

Counseling and Action - Richard A. Young 2014-06-17

Engaging in action is at the heart of our most meaningful experiences. And given the fast-paced, goal-driven nature of modern society, engagement in action is also central to how we perceive ourselves. Action has traditionally been viewed as an end product of the counseling process, but now a bold new redefinition makes counseling not only a driver of action, but an action in itself. *Counseling and Action* couples a timely update on the multiple roles of action in counseling with an action-based framework for enhancing progress between client and professional. Grounded in the core concepts of contextual action theory as well as key aspects of counseling (e.g., identity, intentionality, emotion), the book explicates an approach that is responsive to client complexities and the larger social conditions that frame them. Expert-penned chapters apply theory to practice, illustrating levels of engagement in action as counselor and client negotiate goals and work toward their realization. And an especially useful section offers guidelines for intervening with specific populations and addressing particular issues. Among the topics covered: Designing projects for career construction. Agentic action in context. Counseling intentional addiction recovery grounded in relationships and social meaning. The action of mindfulness in counseling. A contextual action theory perspective on self-efficacy in individual counseling. Counseling processes and procedures through the lens of contextual action theory. With its forceful argument for a quantum leap in both theory and practice, *Counseling and Action* is transformative reading for professionals, educators, and graduate students in social work, psychotherapy, psychology, and counseling.

Counseling Across the Lifespan - Cindy L Juntunen 2015-04-15

Counseling Across the Lifespan by Cindy L. Juntunen and Jonathan P. Schwartz is a practical book that helps readers provide effective mental, emotional, and behavioral health services to clients across the continuum of care, from health promotion through long-term treatment and remediation. Anchoring each chapter within a life stage—from childhood through older adulthood—the text identifies the nature and origin of various psychological issues and emphasizes the importance of anticipating and responding early to concerns that arise for large portions of the population. The Second Edition features new chapters and

expanded coverage of important topics, such as sociocultural contextual factors and interprofessional health perspectives.

Wellness Counseling - Jonathan H. Ohrt 2018-12-28

This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment, case conceptualization, treatment planning, and intervention. The authors provide holistic strategies for wellness promotion with children, adolescents, and young, midlife, and older adults, as well as in counseling with groups, couples, and families. Each chapter includes reflection questions, learning activities, and resources to deepen readers' understanding of the content and application to practice. Wellness boosters offer quick methods for clients and counselors to increase their domain-specific and overall well-being. In addition, experienced counselors share their personal experiences implementing wellness interventions in "Practitioner Spotlight" vignettes. A chapter on counselor self-care completes the book. Jonathan H. Ohrt, PhD, is an associate professor and counselor education program coordinator at the University of South Carolina. Philip B. Clarke, PhD, is an associate professor in the Department of Counseling at Wake Forest University. Abigail H. Conley, PhD, is an assistant professor in the Department of Counseling and Special Education, and an affiliate faculty member in the Institute for Women's Health, at Virginia Commonwealth University. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website.

Skills for Helping Professionals - Anne M. Geroski 2016-01-04

Written specifically for non-clinical undergraduate students, but also relevant to graduate studies in helping professions, *Skills for Helping Professionals*, by Anne M. Geroski focuses on helping students develop the skills they need to effectively initiate and maintain helping relationships. After exploring the literature identifying critical components of helping relationships and briefly reviewing developmental and helping theories, the text covers such topics as the helping process, self-awareness, and ethics in helping, and then focuses on specific helping skills such as listening and hearing, empathy, reflecting, paraphrasing, questioning, clarifying, exploring, and offering feedback, encouragement, and psycho-education. The final chapters focus on individuals in crisis and helping in groups.

Groups in Schools - Anne M. Geroski 2010

Finally, a textbook that teaches students how to effectively lead counseling and classroom groups in schools! This practical, user-friendly book contains the most relevant information critical to working with students in both classroom psychoeducational and counseling group work in schools. Building upon students' and practitioners' generalist preparation to lead groups, *Group Work in Schools: Preparing, Leading, Responding* offers readers practical direction in planning and facilitating groups in the school setting. The ideas presented in the book are applicable to a variety of group venues and adaptable to multiple age levels. The 'nuts and bolts' approach in this book is complemented by a focus on how school counselors can use group work to address complex and nuanced issues (particularly those social issues frequently referred to as "diversity issues") in their school communities. In short, this book teaches school counselors to be intentional in their group work practice in schools.

Theoretical Models of Counseling and Psychotherapy - Kevin A. Fall 2011-01-19

This text provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. Appropriate for advanced undergraduates and graduate students, it offers a detailed description of the philosophical basis for each theory, along with historical context and a biography of the founder. Each chapter follows a similar format and explores the main features of the theory, including its approach to and ideas on personality development, human nature, the role of environment, the change process in therapy, and contributions and limitations to the mental health field. Theory-specific information on diagnosis, psychopharmacology, multicultural issues, spirituality, and gender issues is also discussed. These features will provide students with a deeper and more complete understanding of counseling theory than is available in any single resource and allow them to easily bridge classroom study to their future practice. This second edition of the text has been completely updated and includes more case examples, as well as a new chapter on Constructivist approaches. An online instructor's manual with student resources is available and offers material to enhance the pedagogical features of the

text.

Career Guidance and Counseling Through the Lifespan - Edwin L. Herr 2004

The Sixth Edition of "Career Guidance and Counseling Through the Lifespan" provides comprehensive treatment of career development theory and practice in a world of work undergoing profound change. This book examines the current changes in the organization and content of work, the implications of the global economy for the practice of career development, best practices in career services, and perspectives on the research findings supporting career counseling and other career interventions. Highlights of the Sixth Edition: Provides a historical perspective on the evolution of career counseling and career guidance and identifies how definitions of these processes and the role of counselors change across time. Discusses the applications of systematic and planned approaches to career guidance and counseling for children, youth, and adults, in various settings: schools, colleges, and universities, business and industry, and community agencies. Offers superior emphasis on the applications of career counseling and guidance to different and special needs populations including African-Americans, Hispanics, other culturally diverse populations, males, females, children and adolescents, adults with mental health problems in the workplace, midcareer job changers, the unemployed, dual career families, persons with work/family conflicts, and burned out workers. Includes expanded treatment of international perspectives on changes in the occupational structure, work, and career interventions. Includes expanded treatment of the school-to-work transition and work-based learning as legislative initiatives and as important factors shaping career relevant schooling, transition services, and the transition and adjustment to work. Visit our NEW Helping Professions Website at www.ablongman.com/helpingprofessions for additional resources! Page 1 of 1

Be Like Water - Joseph Cardillo 2008-12-14

In the vein of Bruce Lee's famous "be water, my friend" speech as referenced by Tom Brady comes a guide to harnessing your energy to increase focus and peace. "A fascinating and helpful book for everyone trying to make sense of our crazy world." -- Joe Hyams, Author of Zen in the Martial Arts Joseph Cardillo, Ph.D and top-selling author, reveals the philosophy behind the martial arts techniques that lead to a creative and fulfilled life in this entertaining and insightful guide. Using the techniques outlined in this book, you will feel more deeply and gain confidence in your ability to take care of yourself.

The SAGE Encyclopedia of Intellectual and Developmental Disorders - Ellen Braaten 2018-01-29

This encyclopedia provides an inter-disciplinary approach, discussing the sociocultural viewpoints, policy implications, educational applications and ethical issues involved in a wide range of disorders and interventions.

The Counselor Educator's Guide - Jude T. Austin, II, PhD, NCC, LPC-R 2020-04-03

Note to Readers: Publisher does not guarantee quality or access to any included digital components if book is purchased through a third-party seller. A practical roadmap for teaching graduate counseling courses from start to finish Written for the soon-to-be, newer, or adjunct counselor educator, this is an accessible, practical guide to preparing and teaching a graduate counseling course from start to finish. Authored by skilled counselor educators who found themselves woefully unprepared to teach upon obtaining their first faculty positions, the book proffers their hard-earned wisdom to help new faculty confidently take over the role of instructor. The hands-on guide provides convenient overviews of each course and day-to-day, content-specific strategies for designing and teaching integral course content that is culturally sensitive and developmentally appropriate. Offering diverse strategies and activities, the book addresses how to teach courses in CACREP-accredited programs and covers such topics as identifying theoretical orientation; diagnosis, assessment, and treatment planning; developing therapeutic presence; group leadership; genograms; diversity; basic counseling skills; school shootings; suicide; White privilege; and much more. It addresses course objectives, evaluation of student learning, current research, classroom management, use of technology, do's and don'ts, and advising students. Discussion points and merits of activities are informed by the concept of andragogy, a theory specifically for adult learning. Multicultural and social considerations are woven throughout each chapter. Activities and assignments were developed with feedback from students. KEY FEATURES: Provides a practical roadmap for preparing and teaching a graduate counseling course from start to finish Delivers in-depth practical information on how to teach new material and conduct day-to-day lectures Discusses content-specific teaching strategies and advice Guides

new faculty members in understanding how all of the courses in the curriculum influence each other Includes multicultural and social considerations in each chapter Informed by the concept of andragogy, a theory specifically for adult learning

Beyond Ally - Maysa Akbar 2020-07-04

Doing anti-racist work can be profoundly transformational for White people. Not only does it allow them to live their values of justice and equality, but it also helps develop skills like listening, sharing power, and working through conflict. Now more than ever, humanity must bridge the racial divides that exist within our society. Dr. Maysa Akbar, a race-based trauma expert, and originator of the Urban Trauma(R) framework, deftly delineates what the allyship process is for White people to align themselves with people of color through the lens of a person of color. Dr. Akbar illuminates the concept of White Privilege, the societal barrier which breeds and sustains racism, formulated by generations of oppression. She redefines previous frameworks of allyship, and through her new identity model of allyship, she constructs a much-needed pathway towards race-based rectification for White people. We are facing a global tipping point with regard to racism. To be successful, White people must provide support in the right way. This book not only educates on how we got here but also shows how we address it and fix it moving forward.

The Promise of Adolescence - National Academies of Sciences, Engineering, and Medicine 2019-07-26

Adolescence"beginning with the onset of puberty and ending in the mid-20s" is a critical period of development during which key areas of the brain mature and develop. These changes in brain structure, function, and connectivity mark adolescence as a period of opportunity to discover new vistas, to form relationships with peers and adults, and to explore one's developing identity. It is also a period of resilience that can ameliorate childhood setbacks and set the stage for a thriving trajectory over the life course. Because adolescents comprise nearly one-fourth of the entire U.S. population, the nation needs policies and practices that will better leverage these developmental opportunities to harness the promise of adolescence"rather than focusing myopically on containing its risks. This report examines the neurobiological and socio-behavioral science of adolescent development and outlines how this knowledge can be applied, both to promote adolescent well-being, resilience, and development, and to rectify structural barriers and inequalities in opportunity, enabling all adolescents to flourish.

Essentials of Human Development: A Life-Span View - Robert V. Kail 2016-01-01

ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 2nd Edition fills the need for a shorter text that emphasizes the essential, defining features of modern research and theory in human development. Using a modified chronological approach and emphasizing the biopsychosocial framework, the text provides: a readable account of human development across the life span; conceptual foundations that enable students to become critical interpreters of developmental information; and an introduction to relevant research and its application to key issues. The text also emphasizes the application of human development research across diverse professional settings, making it ideal for students who are pursuing a career related to psychology or areas such as education, health, and human sciences. Succinct and filled with real-life examples, this text will capture your students' interest while introducing them to the essential issues, forces, and outcomes that make us who we are. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

An Advanced Lifespan Odyssey for Counseling Professionals - Bradley Erford 2016-01-01

AN ADVANCED LIFESPAN ODYSSEY FOR COUNSELING PROFESSIONALS, 1st Edition, aligns precisely with CACREP standards for counselor training programs at the Master's level. Rigorous yet accessible to students with a variety of educational backgrounds, this practical new text provides comprehensive descriptions of more than 30 major developmental theories and perspectives -- with a focus on developmental issues encountered by counseling professionals along with strategies and techniques to deal with them. Cross-cultural variations and implications are discussed throughout the book, and each chapter presents case studies and current issues that further anchor the material in the real world. Reflections from parents and current practitioners enhance the emphasis on application, giving students ideas for how to integrate theories and other information into real-life practice. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Explorations in Diversity - Sharon K. Anderson 2018

Every person comes to know and understand their life from their own perspective. As a result, it is often difficult and sometimes unbelievable to realize that others, whom one may or may not know, might also experience daily life in a vastly different way. Explorations in Diversity offers readers the opportunity to step into the lives of diverse others and experience their lives through their eyes. Some readers may find themselves struggling to comprehend or even believe the experiences this text's authors share, or where they fit within each narrative. However, each account in this text ultimately aims to open minds, hearts, and mouths in ways that push each of us toward a better understanding of our own privileged statuses so that we can use who we are, what we say, and what we do to make our society more accepting and inclusive of all our diverse representations.

Theories of Counseling and Psychotherapy - Nancy L. Murdock 2013

Examining the historical roots, evaluations, and lasting effects of Existential, Gestalt, Behavior, Cognitive, Reality, Feminist, Family, Narrative, and Solution-Focused Therapy and much more, Theories of Counseling and Psychotherapy: A Case Approach, 3e equips students with the history and application necessary to bring theory to life.

Knowledge, Difference, And Power - Mary Field Belenky 1998-04-11

An impressive and innovative follow up to Women's Ways of Knowing, this book shows how the authors' "ways of knowing" theory revolutionized the fields of law, education, psychology, and women's studies, to name but a few. In essence, this dynamic collection poses the ultimate question: Can we come to understand and respect diverse ways of knowing? Features: 15 essays, all written exclusively for this volume the essays are by the original authors of Women's Ways of Knowing and prominent contributors, including Sandra Harding, Aida Hurtado, Sara Ruddick, Michael Mahoney, and Patricinio Schweickart in separate chapters, the authors explore how their thinking has developed and changed since Women's Ways of Knowing argument is expanded beyond gender and knowledge to address the factors of color, class, and culture.

Integrative Counselling & Psychotherapy - Ariana Faris 2011-10-18

This is an accessible and user friendly guide to the theory and practice of relational counselling and psychotherapy. It offers a meta-theoretical framework for the integration of the three most popular counselling and psychotherapy modalities: humanistic, psychodynamic and Cognitive-behavioural including mindfulness and compassion based approaches This exciting new text: - outlines the history of integration in the field of psychotherapy and counselling - clarifies the nature of psychotherapeutic integration - defines different models of integration - provides a clear and rich discussion of what it means to work relationally - outlines a coherent and flexible framework for practice, in terms of theory as well as technique - demonstrates how this framework can be successfully utilised both in brief and long term therapy for a wide range of client issues and problems - provides a detailed guide to working with the Relational-Integrative Model (RIM) for a range of professional issues, including ethics, research, supervision, therapist self-care and personal development Brimming with vivid case examples, mind-maps and therapeutic dialogue, this invaluable book will help develop the theoretical knowledge and skills base of students, trainers and practitioners alike.

Counseling the Contemporary Woman - Suzanne Degges-White 2020-05-22

This book provides a comprehensive exploration of the challenges women may face as they navigate the multiple roles that they carry. Attention is given to the unique cultural identities that women embody and suggestions are provided to help counselors acknowledge the various aspects of each client's intersectional identity. In addition to theory, we provide suggestions for practical application of relevant interventions and strategies for helping women achieve their goals. A foundation is provided that explore the multiple layers of development that occur during adolescence, adulthood, midlife, and older adulthood. Women face numerous challenges related to identity development and relationships. These challenges can generate psychological and emotional distress that lead women to seek professional assistance in finding solutions to their issues. With more choices than in generations past, women can face unexpected and unanticipated challenges and barriers to their individual and relational development. This book is organized around contemporary developmental and relational rites of passage women experience in adulthood. Traditional rites of passage include birth, menarche, marriage, and death. These events still hold significance but

women's lives today follow expanded and complex trajectories. Numerous transitions, such as attending college, navigating employment opportunities and the relational challenges that women face in various areas of life, are presented and addressed in this book from a clinician's perspective providing practitioners with insight and practical knowledge. In this book, we cover choices related to such topics as career, relationships, parenthood, and support networks. We also explore the struggles that women face including abuse, depression, anxiety, feelings of low self-worth, loss, and addictions. Best practices in counseling women are highlighted and utilized in case study examples. The relationships created by women impact their lives and this book helps the reader to gain insight into how women can take ownership for their relationships and choices.

Handbook of Race-Ethnicity and Gender in Psychology - Marie L. Miville 2014-02-06

Multicultural aspects of psychology have received some attention in the literature in the last decade. A number of texts currently address these significant concerns, for example, Counseling the Culturally Different (Sue & Sue, 2008); Handbook of Multicultural Counseling (Poterotto et al., 2009); and Handbook of Multicultural Counseling Competencies (Pope-Davis & Coleman, 2005). In their most recent editions, several of these books address more nuanced complexities of diversity, for example, the intersections of gender or social class with race-ethnicity. Meanwhile, other texts have addressed gender issues in psychology (Handbook of Counseling Women, Counseling Men), with some attention paid to racial-ethnic and other diversity concerns. Clearly the progression of scholarship in this field reflects the importance of incorporating multiple aspects of diversity within psychology. However, no book currently exists that fully addresses the complexities of race-ethnicity and gender together. Better understanding of the dual impact of race-ethnicity and gender on psychological functioning may lead to more effective conceptualizations of a number of mental health issues, such as domestic violence, addictions, health-related behaviors and achievement. Exploring the impact of race-ethnicity and gender also may provide a broader understanding of self-in-community, as this affects individuals, families and other social groups and work and career development. Topics of interest may include identity development, worldviews and belief systems, parenting styles, interventions for promoting resilience and persistence and strategies for enhancing more accurate diagnostic and treatment modalities. Today's world is comprised of multiple and intersecting communities that remain in need of psychological models and interventions that support and promote both individual and collective mental health. We believe that utilizing unidimensional conceptual models (e.g. focusing solely on race-ethnicity or gender) no longer adequately addresses psychological concerns that are dynamic, complex and multi-faceted. The proposed Handbook will focus on timely topics which historically have been under-addressed for a number of diverse populations.

Culturally Responsive Counseling With Latinas/os - Patricia Arredondo 2014-12-08

This book provides culture-centered assessment and intervention strategies for effective clinical practice with Latina/o individuals and families. Mental health professionals will gain new and expanded cultural competence as they learn to sensitively and ethically integrate Latino values into their work. Throughout the text, case scenarios illustrate ways to work successfully with clients of all ages. A sample culture-centered clinical interview is included, along with a listing of Latino-specific mental health resources. Topics discussed include roles, relationships, and expectations in Latino families; cultural and bicultural values; gender role socialization; generational differences; identity and acculturation issues; educational values and achievement; Latinas/os in the workforce; and religious beliefs and practices. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

Handbook of Counselor Preparation - Karen Eriksen 2011-12

"Published in cooperation with the Association for Counselor Education and Supervision (ACES)"

Life-Span Developmental Psychology - Paul B. Baltes 2013-09-11

Life-Span Developmental Psychology: Personality and Socialization presents papers on personality and socialization. The book discusses the history, theory, and psychological approaches of developmental psychology, with focus on socialization and personality development through the life span; personality dimensions; and theories of socialization and sex-role development. The text also describes the life-span

perspective of creativity and cognitive styles; continuities in childhood and adult moral development revisited; and issues of intergenerational relations as they affect both individual socialization and continuity of culture. The interactional analysis of family attachments; social-learning theory as a framework for the study of adult personality development; person-perception research; and the perception of life-span development are also considered. The book further tackles the potential usefulness of the life-span developmental perspective in education; the strategies for enhancing human development over the life span through educational intervention; and some ecological implications for the organization of human intervention throughout the life span. Developmental psychologists, sociologists, gerontologists, and people involved in the study of child development will find the book invaluable.

The Counselor Educator's Survival Guide - Dilana M. Perera-Diltz 2013-06-19

First Published in 2010. Routledge is an imprint of Taylor & Francis, an informa company.

Neurocounseling - Thomas A. Field 2017-02-07

This text presents current, accessible information on enhancing the counseling process using a brain-based paradigm. Leading experts provide guidelines and insights for becoming a skillful neuroscience-informed counselor, making direct connections between the material covered and clinical practice. In this much-needed resource—the first to address neurocounseling concepts across the counseling curriculum—chapters cover each of the eight common core areas in the 2016 CACREP Standards in addition to several specialty areas of the Standards. Detailed case studies, questions for reflection, quiz questions, and a glossary facilitate classroom use. “Neurocounseling provides a foundation for work with individuals and groups across a broad spectrum of wellness and clinical mental health counseling topics. As a result, the reader is introduced to an exciting new frontier for understanding and serving clients more effectively. Having benefited from neurofeedback personally, as well as having been taught its principles by skilled counselor practitioners, I am enthusiastic for all counselors to learn its efficacy and applications.” —Thomas J. Sweeney, PhD Professor Emeritus, Counselor Education Ohio University “An essential addition to the counselor’s professional library, this text brings together a unique collection of well-written chapters to help both seasoned counselors and students develop an approach to counseling that applies neurophysiological information to case conceptualization, counseling relationships, assessment, addiction, psychopharmacology, group work, and career counseling.” —Richard Ponton, PhD Editor, *Journal of Mental Health Counseling* *Requests for digital versions from ACA can be found on www.wiley.com. *To purchase print copies, please visit the ACA website *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy - Edward S. Neukrug 2015-02-12

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy is a two-volume source that traces theory and examines the beginnings of counseling and psychotherapy all the way to current trends and movements. This reference work draws together a team of international scholars that examine the global landscape of all the key counseling and psychotherapy theories and the theorists behind them while presenting them in context needed to understand their strengths and weaknesses. This is a quick, one-stop source that gives the reader the “who, what, where, how, and why” of contemporary counseling and psychotherapy theory. From historical context in which the theories were developed to the theoretical underpinnings which drive the theories, this reference encyclopedia has detailed and relevant information for all individuals interested in this subject matter. Features & Benefits: Approximately 335 signed entries fill two volumes available in a choice of print or electronic formats. Back matter includes a Chronology of theory within the field of counseling to help students put individual theories within a broader context. A Master Bibliography and a Resource Guide to key books, journals, and organizations guide students to further resources beyond the encyclopedia. The Reader’s Guide, a detailed Index and the Cross References

combine for effective search-and-browse in the e-version and helps students take the next steps in their research journeys. This reference encyclopedia serves as an excellent source for any individual interested in the roots of contemporary counseling and psychotherapy theory. It is ideal for the public and professionals, as well as for students in counselor education programs especially those individuals who are pursuing a Masters level degree.

Lenses: Applying Lifespan Development Theories in Counseling - Kurt L. Kraus 2008-01-28

Lenses offers a current and practical review of human development perspectives and theories, a subject that is often critically under-represented in graduate courses. Kraus presents an expansive selection of human development models, theories, and perspectives, and demonstrates how a strong grasp of developmental principles can inform practical applications. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Career Development and Systems Theory - Wendy Patton 2014-05-12

Career Development and Systems Theory: Connecting Theory and Practice offers practitioners, researchers and students a comprehensive introduction to, and overview of, career theory; introduces the Systems Theory Framework of career development; and demonstrates its considerable contemporary and innovative application to practice. A number of authors have identified the framework as one of a small number of significant innovations in the career development literature. The Systems Theory Framework of career development was developed to provide coherence to the career development field by providing a comprehensive conceptualisation of the many existing theories and concepts relevant to understanding career development. It is not designed to be a theory of career development; rather systems theory is introduced as the basis for an overarching, or metatheoretical, framework within which all concepts of career development, described in the plethora of career theories, can be usefully positioned and utilised in both theory and practice. It has been applied to the career development of children, adolescents and women. Since its first publication, the Systems Theory Framework has been the basis of numerous publications focusing on theoretical application and integration, practice and research, with a growing number of these by authors other than the framework developers. Its application across cultures also has been emphasised. The theoretical and practical unity of the Systems Theory Framework makes this book a worthy addition to the professional libraries of practitioners, researchers and students, new to, or experienced in, the field of career development.

A Guide to Integral Psychotherapy - Mark D. Forman 2012-02-01

A therapist's guide to psychotherapy, spirituality, and self-development.

Lifespan Development - Tara L. Kuther 2015-12-10

Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) Chronologically organized, *Lifespan Development: Lives in Context* offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan.

Career Guidance and Counseling Through the Life Span - Edwin L. Herr 1996

This widely acclaimed text demonstrates the application of developmental approaches to career guidance and counseling for children, adolescents, and adults across a variety of settings, including schools, businesses, and community agencies.