

Speak Up 2nd Edition Public Speaking

Thank you very much for reading **Speak Up 2nd Edition Public Speaking** . Maybe you have knowledge that, people have look hundreds times for their favorite books like this Speak Up 2nd Edition Public Speaking , but end up in infectious downloads.

Rather than enjoying a good book with a cup of tea in the afternoon, instead they juggled with some harmful bugs inside their laptop.

Speak Up 2nd Edition Public Speaking is available in our book collection an online access to it is set as public so you can download it instantly.

Our book servers spans in multiple locations, allowing you to get the most less latency time to download any of our books like this one.

Kindly say, the Speak Up 2nd Edition Public Speaking is universally compatible with any devices to read

Grit - Angela Duckworth 2016-05-03

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls "grit." "Inspiration for non-geniuses everywhere" (People). The daughter of a scientist who frequently noted her lack of "genius," Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In *Grit*, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. "Duckworth's ideas about the cultivation of tenacity have clearly changed some lives for the better" (The New York Times Book Review). Among *Grit*'s most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is "a fascinating tour of the psychological research on success" (The Wall Street Journal).

Speak Up 2nd Ed + Pocket Guide to Public Speaking 3rd Ed + Essential Guide to Rhetoric - Douglas M. Fraleigh 2011-06-13

Shut Up and Speak! - John Sheirer 2002

Why does your mouth suddenly go dry, your throat tighten, your face get hot, and your knees buckle when you have to address a group of people? The old story goes that more people are afraid of public speaking than they are of death. So people at a funeral would prefer to be the person in the casket than the person delivering the eulogy! Shut up and speak means that you must stop dwelling on how difficult or frightening public speaking is. Shut up and speak means that you can't become a better public speaker simply by studying communications theory or relying on public speaking folk wisdom. This book gives you the guidance to "shut up" by tuning out all of the interference that doesn't help you become a better public speaker and to "speak" by throwing yourself whole-heartedly into speech-making.

Speak Up, Stand Out and Shine - Regina Huber 2016-12-01

Speak with Power and Grace - Linda D. Swink 2015-02-05

Drawing on her own successful experience and presenting advice from top female executives, Linda D. Swink guides women through each step of preparing for a speech and how to deliver it by using visual aids, voice control, and humor, among other techniques. Information is provided for both novice and expert

speakers, so every woman will learn something new. This valuable guide will empower any woman who wants her words to be taken seriously and reach new levels of success.

[Complete Guide to Public Speaking](#) - Grenville Kleiser 1916

Speak Out, Call In - Meggie Mapes 2019

Speaking Up Without Freaking Out - Matt Abrahams 2016-01-05

[Speak](#) - Steve Alexander, Jr. 2016-10-03

The ability to speak well in public can provide you with many benefits, including career and social success. Unfortunately, most of us are not as effective as we would like to be. The good news is that small changes make a dramatic difference. Assuming we all speak the same language, and communicate several times a day, why do some people speak with authority while others barely get their point across? In *S.P.E.A.K.*, Steve Alexander, Jr. shares concrete tools that will help you to speak with clarity, conviction, and power. These principles will help you- whether you are shy or have a heavy accent-save time and gain attention. *S.P.E.A.K.* is a concisely written guide that provides you with skills that Steve has taught many other people and organizations. Learn the tools today and start captivating your audience tomorrow!

Speak Up - Carol Roan 2010-08

Public speaking becomes possible for all of us when we learn how to control and use our stage fright. The audiences that we face in our business and social lives become less formidable when we understand what they want and need from us. A performer herself from the age of eighteen, author Carol Roan has developed stage presence techniques that will work for anyone who wants to speak up with confidence.

How to Be Brilliant at Public Speaking 2e - Sarah Lloyd-Hughes 2015-09-22

Speaking in public can be fun - honestly! Whatever the occasion, whatever the content, whatever the situation, this book will teach you everything you need to know to plan, prepare and deliver any speech or presentation and will give you the skills to deliver it with style, wit, charm and confidence. Discover expert tips, tricks, tools and techniques that will help you build on skills and abilities you already have so you can stand up in front of any audience and really wow them. Whether you're looking for help in overcoming your fears and building your confidence, or whether you're already quite good and want to polish your performance, this book will help you. Anyone can learn to speak in public. This book will show you how even you can do it brilliantly.

[A Pocket Guide to Public Speaking](#) - Dan O'Hair 2015-11-27

This best-selling brief introduction to public speaking offers practical coverage of every topic typically covered in a full-sized text, from invention, research and organization, practice and delivery, to the different speech types. Its concise, inexpensive format makes it perfect not only for the public speaking course, but also for any setting across the curriculum, on the job, or in the community. This newly redesigned full-color edition offers even stronger coverage of the fundamentals of speechmaking, while also addressing the changing realities of public speaking in a digital world. It features fully updated chapters on

online presentations and using presentation software, and a streamlined chapter on research in print and online.

Speak Up! - Adora Svitak 2020-02-25

Speak Up! is a joyful celebration of 45 speeches by children and teenagers who have stood up for causes they passionately believe in and challenged adults in power to take note. This collection is testament to the hopefulness and spirit of the next generation, and the positive belief that we can, and should, act to protect the things we love. From ground-breaking scientific inventions to pleas for the environment, anti-war speeches to incredible testimony of lived experiences, the speeches collected here demonstrate the profound wisdom of youth and why it is important to speak up and out on what concerns us. 'A society that cuts itself off from its youth severs its own lifeline; it is condemned to bleed to death.' - Kofi Annan
[Dialogic Civility in a Cynical Age](#) - Ronald C. Arnett 1999-09-30

Dialogic Civility in a Cynical Age offers a philosophical and pragmatic response to unreflective cynicism. Considering that each of us has faced inappropriate cynical communication in families, educational institutions, and the workplace, this book offers insight and practical guidance for people interested in improving their interpersonal relationships in an age of rampant cynicism.

[Serving the Word](#) - Edward Sanders 2015-07-07

This book and the essays contained within are dedicated to Dr. Chuck Sackett in recognition of his thirty-two years of teaching at Lincoln Christian University. He currently serves as Professor at Large but has held a variety of roles and titles during his thirty-two years there. These essays are written by current colleagues and former students who have had the privilege of studying hermeneutics, homiletics, and ministry with Dr. Sackett. Each essay covers a topic of scholarly or contemporary interest in the fields of hermeneutics or homiletics. Hermeneutics and homiletics remain topics of discussion in the academy and the church. These essays continue that discussion. The essays overlap the two fields. Some essays focus heavily on hermeneutical issues with an eye towards proclamation, while others start with homiletics and hermeneutical issues are echoed in the background. The essays found in this book offer unique perspectives and approaches to interpretation and preaching. Though homiletics and hermeneutics are the fields of the study, the church remains the arena where the fruit of each discipline is observed most clearly, as Dr. Sackett instructed his students throughout his years of teaching.

[A Complete Guide to Public Speaking 2nd Edition](#) - Joe Grippo 2014-01-22

This is the 2nd Edition of this book. The first, published in 2009, won a Readers Favorite Silver Medal for Non-Fiction. Since then many new software tools for enhancing presentation visual aids have been introduced and are discussed herein. Regardless of your profession, e.g., business, science, engineering or government, communicating in front of others is useful and becomes even more of a necessity as one progresses in an organization. Many topics are presented herein such as: Ancient human versions of Facebook and Twitter, the Evolution of Verbal & Written Communication, Factors to Consider Before Designing a Presentation, Winning Over an Audience, Opening & Closing Techniques, Developing Each Part of Your Speech, Taking the Terror out of Public Speaking, Deadly Mistakes to Avoid, Pros & Cons of Using Visual Aids, How to Avoid "Brain Death" When Speaking and much more. Many vital speaking tips are also presented such as: the use of humor; awareness of the role your eyes and gestures play; verbal & body language; strong words to use & weak words to avoid; speaking speed & pauses; strategies for handling hostile questions & audience members; "security blankets" to avoid and even tips for making a presentation to your boss and management. On-the-job presentations are emphasized such as those within corporations and other organizational entities, business and technical conferences, symposia and scientific poster sessions. The public speaking strategies and tips are described in a straightforward and easy-to-follow manner. The author uses his extensive education, 35 years of management consulting and executive management experience, as well as research on public speaking to present a useful guide for presentations in any setting. As William Hewlett, Co-founder of the Hewlett Packard Corporation said: "How can I trust someone to manage multi-million dollar projects if he or she can't manage a half-hour speech?"

[It's the Way You Say it](#) - Carol A. Fleming 2013

Most people don't like the sound of their voice - but for some, their vocal and communication habits are holding back professional success. Typical problems include: - Voice pitches too high, nasal, gravelly, etc. -

Mumbling, swallowing of words - Speech too soft--people constantly asking to speak up - Speaking too fast - Difficulty making small talk - Difficulty making eye contact - Stage fright - Interrupting others Other books address some of these issues but are not grounded in speech science and professional expertise. With dozens of years under her belt as a Ph.D. speech therapist and pathologist, Carol Fleming can get every reader to the right solutions quickly.

Present! a Techie's Guide to Public Speaking - Poornima Vijayashanker 2015-11-02

The ultimate interactive public speaking guide from tech speakers Poornima Vijayashanker and Karen Catlin that prepares and encourages techies to discover their expertise, confidently share it, and successfully level up in their careers. Techies around the world can now jump start and grow their speaking careers with the book, Present! A Techie's Guide to Public Speaking, written by tech leaders, Poornima Vijayashanker and Karen Catlin. The book serves as a resource for technology professionals who want or need to develop the skills to communicate their expertise effectively, whether in a meeting at work or delivering an engaging talk at a conference. Poornima, who is the founder of Femgineer and the founding engineer of Mint.com, collaborated with former Adobe vice president and founder of Karen Catlin Consulting, Karen Catlin, to compile and share their lessons, tips, and techniques learned from their own experiences as professional tech speakers. "Karen and I wanted to write this book so that our fellow techies would have a comprehensive resource to help them with their own public speaking endeavors. So many folks in the tech industry have amazing ideas and experience, but they often feel stuck on how to present them effectively. Also, our hope is that more women will be inspired by our stories and encouraged to get out there and share their own valuable expertise through public speaking in order to boost representation of women tech speakers," Poornima said. Present! covers public speaking from A to Z. Through stories, examples, and interactive exercises, Poornima and Karen dive into topics including, overcoming stage fright, exploring personal speaking style, creating the right talk for the right audience, polishing presence and delivery, and nailing any type of talk, whether it's a lightning or long-form talk or being part of a panel. Karen said, "Even though Poornima and I are professional speakers, we felt it was important to share our own feelings of nerves and uncertainty, and bumps we've had along the way - and sometimes continue to experience. It was important for us to communicate that no one is perfect and it really is okay when talks don't always go according to plan. Our hope is that by being open, we'll be able to give others the confidence and the techniques to handle situations when they arise, deliver an amazing presentation, and most importantly, have FUN!"

Speak Without Fear - Ivy Naistadt 2009-03-17

For many of us, public speaking is at best a chore marked by great anxiety and at worst a potential career stopper. Ours is a time when the ability to communicate in front of individuals or groups in all types of business and other situations is becoming paramount. Speak Without Fear offers a unique, practical process for combating the stage fright that plagues us every day in these situations. Unlike other books on public speaking, Speak Without Fear goes beyond the external techniques, such as how to breathe properly and keep eye contact, to delve deeply into the reason for your performance anxiety. It gets to the root of what's giving you the sweats so you can identify what's in the way and work through it to communicate naturally and comfortably before audiences of any size. Ivy Naistadt's easy-to-follow, step-by-step program will help you: Identify the degree and type of your nervousness Pinpoint the incidents and issues that, directly or indirectly, cause you fear and loathing in the spotlight Develop and master a technique for overcoming your anxiety that's adaptable to your level of experience and need Use your new skills to shine in a variety of situations -- whether speech making, interviewing, auditioning, or presenting No matter how anxious you are about going before an audience -- any audience, whether it's 1 or 1,000 -- Speak Without Fear will give you the tools to speak powerfully and persuasively.

[As We Speak](#) - Peter Meyers 2012-08-14

Outlines an empowering approach to public speaking that draws on the co-author's experience with leading companies, covering topics ranging from content and delivery to body language and interpersonal exchanges. Reprint.

[Speak Up](#) - Douglas M. Fraleigh 2011-01-04

Provides information on the concepts and theories of public speaking along with a variety of real-life

examples and visual explanations.

The Handbook of Employee Relations - Dartnell Corporation 1955

Speak Up with Confidence - Jack Valenti 2009-06-15

Public speaking is one of the most intimidating and important aspects of many jobs. As a one-time speechwriter for President Johnson, and in his current position as president of the Motion Picture Association of America, Jack Valenti has written and delivered speeches in all kinds of settings. Originally published in 1982, Speak Up with Confidence is an indispensable resource for anyone who wants to write and deliver a speech that people will listen to and remember.

Speak Up with Confidence - Carol Kent 2014-02-27

Whether speaking to a crowd or small group, you want your audience to really understand your message. Speak Up with Confidence is a step-by-step guide that will walk you through preparing and delivering any kind of presentation, whether you are sharing your testimony, preparing a devotional, or leading a meeting or workshop. A sought-after speaker, Carol Kent is a reassuring guide through the often intimidating world of public presentation—from deciding on your topic and speaking points to engaging with your audience and delivering your talk well. Rich in stories and packed with helpful tips and insights, this book will transform the way you communicate, opening up a new world of ministry for you. If you want to be a leader in your church or simply want to be more comfortable talking in front of others, this book will give you the organizational skills and tips you need to make your presentation a success.

The British National Bibliography Cumulated Subject Catalogue - 1968

How to Be Brilliant at Public Speaking 2e - Sarah Lloyd-Hughes 2015-09-10

Speaking in public can be fun – honestly! Whatever the occasion, whatever the content, whatever the situation, this book will teach you everything you need to know to plan, prepare and deliver any speech or presentation and will give you the skills to deliver it with style, wit, charm and confidence. Discover expert tips, tricks, tools and techniques that will help you build on skills and abilities you already have so you can stand up in front of any audience and really wow them. Whether you're looking for help in overcoming your fears and building your confidence, or whether you're already quite good and want to polish your performance, this book will help you. Anyone can learn to speak in public. This book will show you how even you can do it brilliantly.

Speak Out! - Kate Shuster 2005

Speak Out! is a primer for beginning and intermediate students participating in class and contest debates. It offers students clear, concise information on public speaking and debating. Combining the practical and theoretical, the text teaches students about verbal and nonverbal communication, how to research and present an argument, how to answer arguments, how to develop debate strategies and how to conduct a formal debate.

Speak With No Fear Workbook - Mike Acker 2021-05-15

A companion to the best-selling Speak With No Fear (now in its second edition), this workbook provides new tools and directed exercises to help you fully implement the Seven Strategies of the original book.

Basic Public Speaking - Douglas A. Parker 2000-12

Finally, a public speaking textbook that is written by a trained counselor and experienced teacher. As a concise learning and teaching tool, it speaks to students from all walks of life addressing the critical aspects of learning how to speak in public - perfect for new and experienced primary, middle and high school Language Arts, Gifted Education, Communication, Public Speaking and Debate, and ESL teachers and students, Home Schooling, and even for business professional training! "Laced with humor, tips, tricks and techniques." "Rated: Five out of Five Stars!" - The Midwest Book Review. Basic Public Speaking, 2nd Edition - The Roadmap to Confident Communications! presents twenty-one developmentally sequenced speech activities, each presenting appropriate learning skills with topics including: -Invaluable, first-hand tips on Public Speaking -Hands-on creation of your speech using webbing techniques -Making nervousness work for you -How to actively listen to a speech -Performance Assessment tools for the presentation and text of the speech -Brainstorming and group tactics -How and when to use audio visuals including computer

technologies -Communication and language skills -Speech psychology and body language -Logic, persuasion, memory, and sales skills -Language Arts Standards and Benchmarks Strategies for schools and districts Basic Public Speaking, 2nd Edition - The Roadmap to Confident Communications! is the only text available that: -takes a skills-based humanistic and sometimes humorous approach to the psychology and strategies that must be in place before a person can develop as a speaker; -improves students' confidence by slowly and sequentially accentuating their essential speaking skills; -serves as a primary resource for schools and districts satisfying their Language Arts learning standards for creating their writing, listening and speaking benchmarks; -employs unique hands-on webbing techniques for creating speeches; -is an updated version of a best-selling resource that was sold to schools, libraries, students, businesses and individuals interested in gaining the confidence to become better communicators. Reflections on Basic Public Speaking Basic Public Speaking is recommended reading for all students. Written in a 2nd person voice, it is an informative, easy-to-follow text, which is liberally sprinkled with refreshing and appropriate humor. This new title offers even more firsthand tips and group tactics for the novice speech student as well as the seasoned elocutionist. I highly recommend it for every student's backpack! My school, along with countless others uses Basic Public Speaking as our main textbook for teaching speaking skills in our Language Arts Department. I have seen hundreds of students over the years benefit from using Mr. Parker's work. It is sound, helpful, and amusing. It doesn't talk down to students, nor over their heads. Instead, it chats informally with them and invites them to come along for a ride that will be fun. Beyond that, it is full of practical, graduated-in-difficulty experiences and evaluative tools. Here is a book that is crying out to be expanded and marketed so that it reaches a wider audience. Without reservation, I highly recommend it for your school or program. There is no better book on the market for everyone who wants to learn how to speak with confidence. This book works as brilliantly in the classroom as a primary textbook as it does in the business community as a professional development tool. I highly recommend it!

Speak With No Fear - Mike Acker 2021-05-10

This book teaches you 7 proven strategies to help you find your inner presenter. Today is the day you take charge of your anxiety, calm your nerves, and - most importantly - speak with no fear.

Present Yourself in Public Speaking - Mary Cheyne 2017-01-24

Are you looking to take your public speaking to the next level? Whether you are a brand-new speaker or an established professional, you've come to the right place. "Present" Yourself in Public Speaking fills a huge gap in public-speaking education. While most public-speaking books and courses rehash the mechanics of public speaking, this book provides a rare insight into the psychology of public speaking. For example, you may have heard that public speaking is people's number one fear in life. It turns out, most people are usually not afraid of public speaking at all; it's public judgment that they most fear. This fear and ones like it impact people's ability to connect authentically and authoritatively with their audience. The other major player affecting authentic connection with audiences is the "inner critic." Every human being has an inner critic, and everyone who speaks publicly has had to deal with their inner critic on some level. Now factor in the idea that every person in the audience has an inner critic also, and you begin to see the challenge! Using the techniques laid out in this book, Mary Cheyne was able to transform from a shy, self-conscious computer programmer into a world-class public speaker, culminating in a 2nd place win in the 2009 World Championship of Public Speaking, out of 25,000 contestants from 14 countries. She has now been a professional speaker and trainer for the better part of a decade. The insights, tools, and advice in this book, derived from Mary Cheyne's years of real-world experience teaching and presenting to thousands of people, will permanently transform your experience of public speaking. "Present" Yourself in Public Speaking addresses: * Detailed insights about how and why you, as a human, have an inner critic and self-doubt. * Practical tools and processes, so you can snap yourself out of it when your inner critic takes over. * A simple process to eliminate self-doubt as well as concrete ways to build self-trust. * Common myths about public speaking and how they hold you back. * How to be real and relatable to your audience. * An easy-to-follow formula for authentic stage presence. * A long-term inside-out path to public-speaking mastery, so you can continue to improve, no matter what level you are currently at. Are you ready to break through to your best self and shine through authentically on the stage? Are you ready to finally tell your inner critic to shut up, so the real you can speak up?

Speak Like Yourself--no, Really! - Jezra Kaye 2012

If you speak in public--or want to--this fast-paced, entertaining, and actionable book is for you! "Speak Like Yourself... No, Really!" will help you communicate more effectively and authentically. It provides insights, encouragement, and step-by-step instructions to develop your best speaking style and use it not just for podium presentations, but in meetings, pitches, networking events, jobs interviews, and more. This uniquely effective and personal approach has worked for hundreds of the author's private public speaking clients, and it will work for you!

The Complete Idiot's Guide to Etiquette, 2nd Edition - Mary Mitchell 2002-01-18

Mary Mitchell, Ms. Demeanor herself, takes you through Y2K and beyond with *The Complete Idiot's Guide to Etiquette, Second Edition*. Topics covered include gifts and e-commerce: can you "wrap" an electronic gift?, telecommuting and the home office: the impact on family and friends, and volunteering: the fine line between being Mother Theresa and Lady Bountiful. This title also includes an updated section on weddings, plus tips from the expert on dining on the run, takeout, new tipping systems, and manners at Mickey D's. Other topics include privacy, diversity, and harassment issues on the job, E-mail etiquette and computer manners, and saying the right thing--is small talk dead?

The Art of Public Speaking - Dale Carnegie 2019-01-15

The Art of Public Speaking is a fantastic introduction to public speaking by the master of the art—Dale Carnegie. Featured within this classic manual are hundreds of tips and tricks on how to become an efficient and effective public speaker. One of the core ideas in his books is that it is possible to change other people's behavior by changing one's reaction to them. This is a fascinating work and is thoroughly recommended for everyone.

The Speaker's Handbook, Spiral bound Version - Jo Sprague 2015-01-01

Helping students speak in the classroom and the boardroom, *THE SPEAKER'S HANDBOOK*, 11e covers the entire process of preparing, organizing, developing, and delivering a speech-making it the ideal text for students taking a public speaking course as well as an excellent reference for experienced speakers. The handbook continues to offer thorough coverage of ethics, reasoning, analyzing audience, and diversity. Each chapter is designed to stand alone so that speakers can refer only to the sections that meet their needs. Vivid new graphics in the Eleventh Edition help illustrate key concepts. Speeches from students and public figures—including President Obama's commemorative speech on the death of Nelson Mandela—provide relevant speech models as well as material for analysis. Features such as For Your Benefit equip students with valuable tips and advice, while Speaker's Workshop and Putting It into Practice activities give students

plenty of hands-on application. In addition, new Learning Objectives and updated Checklists help students review what they've learned. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Quantitative Research Methods for Communication - Jason S. Wrench 2015-11

Quantitative Research Methods for Communication: A Hands-On Approach, Third Edition, is a comprehensive and engaging guide to quantitative research. Drawing on their extensive research and teaching experience, the authors encourage students to take an active, hands-on role in the learning process. After giving students the tools they need to locate, conduct, collect, and present their research, the text provides them with the opportunity to immediately apply these skills in research scenarios.

Speak Up - Douglas M. Fraleigh 2016-10-07

The Art of Public Speaking - Stephen Lucas 2004

Lucas' "The Art of Public Speaking" is the leading public speaking textbook in the field. Whether a novice or an experienced speaker when beginning the course, every student will learn how to be a better public speaker through Lucas' clear explanations. Creative activities, vivid examples, annotated speech samples, and foundation of classic and contemporary rhetoric provide students a strong understanding of public speaking. When instructors teach from this textbook, they benefit from Lucas' Integrated Teaching Package. The Annotated Instructor's Edition and Instructor's Manual, both written by Steve Lucas, provide teaching tips and give outlines on how to use the various supplements. As a result, instructors are able to see various teaching examples, how to integrate technology, and analyses and discussion questions for video clips in class. The Annotated Instructor's Edition, Instructor's Manual, Test Bank, CDs, videos, and other supplements provide instructors the tools needed to create a dynamic classroom. This edition has a supplement to meet the needs of online classes, *Teaching Public Speaking Online with The Art of Public Speaking*.

Speak for Yourself - Ellen Mroz 2013-08-19

Speak Up - Miranda Paul 2020

Illustrations and easy-to-read, rhyming text encourage the reader to speak up about everything from their own name being mispronounced to someone bring a weapon to school. Includes author's note about real people who have found their voices, when to speak up, and how to express oneself without speaking.