

Teenage Pregnancy Research Paper Outline

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'Adolescence', Pregnancy and Abortion - Catriona I. Macleod
2010-07-07

Winner of the Rhodes University Vice-Chancellor's Book Award 2012! Winner of the 2011 Distinguished Publication Award of the Association for Women in Psychology! Why, despite evidence to the contrary, does the narrative of the negative consequences of teenage pregnancy, abortion and childbearing persist? This book

argues that the negativity surrounding early reproduction is underpinned by a particular understanding of adolescence. It traces the invention of "adolescence" and the imaginary wall that the notion constructs between young people and adults. Macleod examines the entrenched status of "adolescence" within a colonialist discourse that equates development of the individual with the development of civilisation, and

the consequent threat of degeneration that "adolescence" implies. Many important issues are explored, such as the invention of teenage pregnancy and abortion as a social problem; issues of race, culture and tradition in relation to teenage pregnancy; and health service provider practices, specifically in relation to managing risk. In the final chapter, an argument is made for a shift from the signifier "teenage pregnancy" to "unwanted pregnancy". Using data gathered from studies worldwide, this book highlights central issues in the global debate concerning teenage pregnancy. It is ideal for academics, and students of health psychology, women's studies, nursing and sociology, as well as practitioners in the fields of youth and social work, medicine and counselling.

America's Teenagers--Myths and Realities - Sharon L. Nichols 2004-07-19

The media's presentation

suggests that American teenage culture today is the most violent, sexual, and

amoral youth culture in history. In this book, Nichols and Good deconstruct the negative images held by large numbers of adults. Recognizing that many teenagers are left by adults to socialize themselves and the consequences of this "careless indifference," the authors' goal is to influence a more positive view leading to stronger social policies and better services, resources, and programs to meet the needs of America's youth. Unique features of America's Teenagers--Myths and Realities: Media Images, Schooling, and the Social Costs of Careless Indifference include: *powerful analytic lenses used to revisit typical depictions of youth; *a wealth of information brought to bear on understanding teenagers' behavior; and *consideration of a broad range of adolescent behaviors across critical socializing settings. The book begins with a discussion of the continuing myth of adolescence--how and why youth are devalued, and an overview of current beliefs

about youth drawn from two 1990s Public Agenda Polls. This is followed by chapters on youth and the media, and the pressures that youth face in various dimensions of their lives. Topics include youth violence; the sex lives of teenagers; tobacco, alcohol, drugs, and teens; healthy living and decision making; working teens; and youth and education. The concluding chapter pulls together themes generated throughout the book and provides examples of policies that would underscore the value of viewing youth as a social investment. General guidelines are provided for teachers, parents, policymakers, and citizens to facilitate responding to youth in meaningful, proactive ways that improve the quality of life for teenagers and the broader society.

Resources in Education - 1999

Gyn/Ecology - Mary Daly
2016-07-26

This revised edition includes a New Intergalactic Introduction by the Author. Mary Daly's

New Intergalactic Introduction explores her process as a Crafty Pirate on the Journey of Writing Gyn/Ecology and reveals the autobiographical context of this "Thunderbolt of Rage" that she first hurled against the patriarchs in 1979 and no hurls again in the Re-Surgling Movement of Radical Feminism in the Be-Dazzling Nineties.

Adolescent Pregnancy: Past, Present and Future Trends and Issues - 2016

Annotation This collection provides a forum for leading scholars to examine theoretical insights and empirical findings associated with the recent decline in adolescent pregnancy and childbearing internationally, with special attention given to the United States. This recent shift in the incidence of adolescent fertility is notable in its consistency and magnitude; at the same time, however, continuing historic disparities require focused attention on the contemporary meaning of early childbearing in the U.S. as well as across the globe. The widely

interdisciplinary contributions focus on demographic trends in adolescent fertility; successful intervention approaches and major "lessons learned" regarding primary pregnancy prevention; identification of key theoretical issues associated with these trends, with particular focus on the existence and meaning of disparities and their implications for youth development and wellbeing.

Unplanned Parenthood - Frank F. Furstenberg 1976

Socio-Cultural Influences on Teenage Pregnancy and Contemporary Prevention Measures - Akella, Devi
2018-09-07

Teenage pregnancy is a public health concern that is growing more prevalent in both developed and developing countries. Understanding the problems of teenage motherhood and suggesting relevant preventive strategies and interventions can help break the cycle of poverty, poor education, and risky behaviors that can lead to

health and child welfare issues. **Socio-Cultural Influences on Teenage Pregnancy and Contemporary Prevention Measures** is an essential reference source that discusses the causes and factors responsible for early motherhood, as well as the mental and psychological outlooks of teen mothers. Featuring research on topics such as minority populations, family dynamics, and sex education, this book is ideally designed for healthcare students, medical professionals, practitioners, nurses, and counselors seeking coverage on the issues, reasons, and outcomes of teenage pregnancy, as well as preventive strategies to combat teenage motherhood.

Dealing with Teen Pregnancy - Kristin Thiel
2019-07-15

Though teen birth rates have fallen in recent years, the issue of teen pregnancy remains a pressing topic. Each year, more than two hundred thousand babies are born to teen parents. This guide presents an

objective and respectful look at both how to prevent teen pregnancy and how to thrive as a teen parent. This book emphasizes making informed health decisions and also demonstrates the importance of a high school and college education for teen parents.

The Culture of Teenage

Mothers - Joanna Gregson

2010-07-02

Explores teen mothers' perceptions of their situations and the social stigma that affects them.

Teen Pregnancy and

Parenting - David Checkland

1999-01-01

Nine original essays explore the many factors affecting how Canadian society responds to, and creates, the phenomenon of teen parenting. A challenges to assumptions about the circumstances, consequences and experience of teen parenting.

Teenage Pregnancy and Young

Parenthood - Alison Hadley

2017-12-01

Teenage Pregnancy and Young Parenthood provides a comprehensive, unparalleled

insight into the UK

Government's highly successful

Teenage Pregnancy Strategy

(TPS) for England which

reduced the under-18

pregnancy rate by well over

50%, and considers how the

lessons from this policy can be

applied internationally. This

important book captures and

shares the lessons from the

TPS for future governments

and policy makers, and

documents the details of

implementing a long-term

strategy with its innovative

approach to policy issues. After

providing the rationale for

prioritising teenage pregnancy,

the book demonstrates

evidence for what is effective,

both in helping young people

avoid unplanned pregnancy

and in improving outcomes for

young parents. The TPS is

analysed against the World

Health Organisation's key

actions for effective scale-up of

adolescent sexual and

reproductive health

programmes, to offer an

important contribution to

international understanding of

this global public health

challenge. Advocating a 'whole systems' multi-agency approach this book translates evidence into clear action, and combines theory and practice with illustrative case studies to demonstrate how to implement policy successfully. It is valuable reading for policy makers and practitioners dealing with young people's health, as well as undergraduate and postgraduate students in the fields of psychology, health studies, social work, youth work, education, social policy, sociology and related disciplines.

Teenage Pregnancy -

Contains pamphlets, newspaper and periodical reprints on the topic of teenage pregnancy.

Teenage Pregnancy and Parenting - 1996

The Awakening - Kate Chopin 2016-07-04

The Awakening, originally titled A Solitary Soul, is a novel by Kate Chopin, first published in 1899. Set in New Orleans and on the Louisiana Gulf coast

at the end of the 19th century, the plot centers on Edna Pontellier and her struggle between her increasingly unorthodox views on femininity and motherhood with the prevailing social attitudes of the turn-of-the-century American South.

U.S. Teenage Birth Rate Resumes Decline - Stephanie J. Ventura 2011

Mayo Clinic Guide to a Healthy Pregnancy - Mayo Clinic 2009-03-17

Book description to come.

How Can Teenage Pregnancy Be Prevented? - Thomson Gale 1997-03-01

Fertility, Family Planning, and Women's Health - Joyce C. Abma 1998-08-01

Presents data on a wide range of topics based on personal interviews with a national sample of women 15-44 years of age in the U.S. It is organized around the central theme of pregnancy & its determinants & consequences. Contents: children ever born & total births expected; wanted &

unwanted births; sexual intercourse; marriage & cohabitation; contraceptive use; fecundity, infertility, & sterilization operations; breastfeeding, maternity leave, & child care; adoption, stepchildren, & foster children; health insurance coverage; family planning & other medical services; cigarette smoking; HIV testing; pelvic inflammatory disease; & sex educ.

Teenage pregnancy - Arai, Lisa 2009-07-22

In the last decades of the 20th century, successive British governments have regarded adolescent pregnancy and childbearing as a significant public health and social problem. Youthful pregnancy was once tackled by attacking young, single mothers but New Labour, through its Teenage Pregnancy Strategy, linked early pregnancy to social exclusion rather than personal morality and aimed, instead, to reduce teenage pregnancy and increase young mothers' participation in education and employment. However, the

problematization of early pregnancy has been contested, and it has been suggested that teenage mothers have been made scapegoats for wider, often unsettling, social and demographic changes. The re-evaluation of early pregnancy as problematic means that, in some respects, teenage pregnancy has been 'made' and 'unmade' as a problem.

Focusing on the period from the late-1990s to the present, Teenage pregnancy examines who is likely to have a baby as a teenager, the consequences of early motherhood and how teenage pregnancy is dealt with in the media. The author argues that society's negative attitude to young mothers is likely to marginalise an already excluded group and that efforts should be focused primarily on supporting young mothers and their children. This comprehensive examination of teenage pregnancy focuses on the situation in the UK, but will be useful for readers in other developed world countries. It will be of interest to students in sociology, social policy,

health studies and public health, and also to policy makers and young people's interest groups.

An Analysis of Contemporary Social Welfare Issues - Rosario Laratta 2016-10-26

This book offers a sharp critique and a detailed analysis of some pernicious social welfare problems and the wide-ranging causes and consequences of those complex social issues on individuals, families, and communities. Unemployment, health-care disparities, teenage pregnancy, and intimate partner violence constitute the focus of this work. Based on empirical and historical analyses of primary and secondary data, the book provides a conceptual framework that facilitates the reader's understanding of how those social issues are interrelated. Each chapter offers some clear policy recommendations directed to address those social problems. Written by well-published scholars, this work will be of great interest not only to students majoring in the social

and political sciences but also to academics and practitioners active in the field of social welfare, social policy, and social work.

Risking the Future - Division of Behavioral and Social Sciences and Education 1987-02-01

More than 1 million teenage girls in the United States become pregnant each year; nearly half give birth. Why do these young people, who are hardly more than children themselves, become parents? This volume reviews in detail the trends in and consequences of teenage sexual behavior and offers thoughtful insights on the issues of sexual initiation, contraception, pregnancy, abortion, adoption, and the well-being of adolescent families. It provides a systematic assessment of the impact of various programmatic approaches, both preventive and ameliorative, in light of the growing scientific understanding of the topic.

Adolescent Fatherhood - Arthur B. Elster 2013-10-31

First published in 1986. This

study seeks to answer some of the psychosocial questions around adolescent fathers that has heightened interest by the increasing concern that has surfaced around the financial burdens imposed on society in the need to support single mothers and their infants. This research looks at the fathers of infants born to adolescent mothers as they seen as an essential component of an important and expensive social problem.

OT Student Primer - Karen Sladyk 1997

The OT Student Primer: A Guide to College Success focuses on advice and tutorials to make a student's journey through OT school more successful and enjoyable. This book is designed to help both OTA and OT students make the best of their education by providing the basic information needed to succeed and build their knowledge of OT. The process of learning OT theories, techniques, terminology, and concepts is challenging and this book addresses the core

understanding of the profession that all students should know as they embark on their OT careers. The primer is filled with tutorials, practical skills, advice, helpful hints, and professional skills. The text provides the most up-to-date fieldwork issues, complete coverage of documentation skills and therapeutic communication, plus essential OT concepts. Tables and worksheets are included to gain a better self-understanding and exercises allow students to check what they have learned.

"Planned" Teenage Pregnancy - Suzanne Cater 2006

This study explores the motivations for 'planned' teenage pregnancy in England. The findings have important implications for the Teenage Pregnancy Strategy and the increasing political agenda on young people and health. 'Planned' teenage pregnancy will be of interest to practitioners, policy makers and researchers in the teenage pregnancy field, including

youth workers, Connexions personal advisers, social workers and teachers, all of whom work with young people before conception, as well as teenage pregnancy coordinators, teenage-parent support workers, midwives and health visitors who work closely with young parents or parents-to-be.

Lessons in Chemistry - Bonnie Garmus 2022-03-29

A delight for readers of *Where'd You Go, Bernadette*, this blockbuster debut set in 1960s California features the singular voice of Elizabeth Zott, a scientist whose career takes a detour when she becomes the star of a beloved TV cooking show. Elizabeth Zott is not your average woman. In fact Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's the 1960s and despite the fact that she is a scientist, her peers are very unscientific when it comes to equality. The only good thing to happen to her on the road to professional fulfillment is a run-in with her super-star

colleague Calvin Evans (well, she stole his beakers). The only man who ever treated her—and her ideas—as equal, Calvin is already a legend and Nobel nominee. He's also awkward, kind and tenacious. Theirs is true chemistry. But as events are never as predictable as chemical reactions, three years later Elizabeth Zott is an unwed, single mother (did we mention it's the early 60s?) and the star of America's most beloved cooking show *Supper at Six*. Elizabeth's singular approach to cooking ("take one pint of H₂O and add a pinch of sodium chloride") and independent example are proving revolutionary. Because Elizabeth isn't just teaching women how to cook, she's teaching them how to change the status quo. Laugh-out-loud funny, shrewdly observant and studded with a dazzling cast of supporting characters (including the best canine character in years), *Lessons in Chemistry* is as original and vibrant as its protagonist.

The Teen Years Explained - Clea McNeely 2010-02

We idealize childhood and demonize adolescence, often viewing the typical teenager as a bundle of problems. Yet according to a new book, *The Teen Years Explained: A Guide to Healthy Adolescent Development*, by Clea McNeely, MPH, DrPH and Jayne Blanchard, adolescence can be a time of opportunity, not turmoil. By understanding the developmental stages and changes of adolescence, both teens and adults can get the most out of this second decade of life. In plain English, this guide incorporates the latest scientific findings about physical, emotional, cognitive, identity formation, sexual and spiritual development with tips and strategies on how to use this information in real-life situations involving teens. Whether you have five minutes or five hours, you will find something useful in this book. This practical and colorful guide to healthy adolescent development is an essential resource for parents, teens, and all people who work with young people.

International Handbook of Adolescent Pregnancy - Andrew Cherry 2014-01-13
The rates are on the decline worldwide. But adolescent pregnancies still occur, placing millions of girls each year at risk for medical complications and social isolation and their babies for severe health problems-especially when prenatal care is inadequate or nonexistent. But as the opportunity for young women and girls increases around the world, adolescent pregnancy will continue to decline. Featuring reports from countries across the developed and developing worlds, the *International Handbook of Adolescent Pregnancy* analyzes the scope of the problem and the diversity of social and professional responses. Its biological/ecological perspective identifies factors influencing childhood pregnancy, as well as outcomes, challenges and needs of very young mothers as they differ across nations and regions. Salient comparisons are made as cultural contexts

and community support vary widely and attention is paid to issues such as child marriage, LGBT concerns and the impact of religion and politics on health care, particularly access to contraception, abortion and other services. This global coverage heightens the understanding of readers involved in care, education and prevention programs and otherwise concerned with the psychosocial development, reproductive health and general well-being of girls. Included in the Handbook: Biological influences of adolescent pregnancy. Adolescent maternal health and childbearing. Adolescent pregnancy and mental health. International perspectives on adolescent fathers. Adolescent pregnancy as a feminist issue. Adolescent pregnancy as a social problem. Plus viewpoints from more than thirty countries. As a unique source of up-to-date findings and clear-headed analysis, the International Handbook of Adolescent Pregnancy is a go-to reference for practitioners

and researchers in maternal and child health, pediatrics, adolescent medicine and global health.

The Impact of Teenage Pregnancy on School Dropout among Secondary School Girls in Embu Municipality - Winnie Osulah 2012-11-28

Diploma Thesis from the year 2007 in the subject Sociology - Children and Youth, , course: Diploma in Social Work, language: English, abstract: Although considerable attention has been paid to the prevalence of adolescence childbearing in Kenya today, few studies have focused on the educational consequences of the schoolgirl pregnancy. Using data collected in selected schools in Embu Municipality, this study examines the factors associated with schoolgirl pregnancy as well as the likelihood of school dropout and subsequent re-enrollment of schoolgirls who become pregnant. The analysis is derived from the data collected from secondary schoolgirls, education officials and teachers

on factors that predispose girls to pregnancy, the extent to which teenage pregnancy contributes to school dropout and the eventual levels of re-admission. The data analysis shows that girls in secondary schools are actually already sexually active though they lack the relevant information to help them make the right choices as far as their sexuality is concerned. The little information that they have is not conclusive and it is evident that they yearn for information which would be useful for them. Policy on re-admission has been formulated but the extent to which it is applied is still a questionable issue. A lot of gaps also exist in record keeping of the girls who become pregnant while in school and what becomes of them when they dropout. Such records would be vital in determining for sure if these girls become pregnant before dropping out of school or otherwise and subsequently tracking them down for re-admission purposes. A question is then raised on what other

factors would be causing these girls to drop out of school other than just the pregnancy.

However, poverty, cultural practices and peer pressure are among the factors assumed to be predisposing girls to pregnancy from the findings of this study, while these factors in themselves would also cause dropouts. Given the increasing levels of female school participation in Kenya today through the affirmative action motion targeting the girl child, the findings of this study suggest that future studies will benefit from exploring the causal relationships between the factors mentioned above, adolescent reproductive health behavior and subsequent school attendance.

Teenage Pregnancy and Poverty - Barbara Miller
2000-12-15

Discusses the problem of teen pregnancy and how it affects the economic future of the persons involved.

Teenage Pregnancy and Parenthood - Helen Holgate
2006-10-03

The debate of teenage

pregnancy and parenthood continues to be a topical media and political issue, and a contested policy area. Covering the controversial issues, this book contributes to the debate, filling the gap in the current market. The strong chapter selection looks at areas such as: education social policy and welfare reforms in the UK and US issues for young fathers child sex abuse girls with emotional and behavioural difficulties. This is invaluable reading for those working on government strategies to reduce teen pregnancies and those working in sex education and youth care.

Socio-Economic Effects of Teenage Pregnancy on Women in Kambuzuma Harare, Zimbabwe - Millicent Chirozva
2021-03-15

Bachelor Thesis from the year 2014 in the subject Sociology - Children and Youth, , course: Sociology and Gender Development Studies, language: English, abstract: The purpose of the study was to explore the socio-economic effects of teenage pregnancy

among women within Kambuzuma. "Teenage pregnancy" refers to intentional or unintentional pregnancy of adolescent girls aged 13 to 19. The researcher used a structured questionnaire as a technique tool to find out the short term and long-term effects of teenage pregnancy. Methodology employed followed quantitative and qualitative design; and snowballing sampling method was used to target participants who got pregnant during their teenage years. Ethical consideration included obtaining informed consent and observing confidentiality during the research. Bourdieu's theoretical framework of Field and Habitus, was used as the guiding the framework to explore the determinants of teenage pregnancy as well as the short term and long term socio-economic, and psychological, outcomes. Statistical analyses relied on the concepts of correlation, covariance, and cumulative

frequencies which are in-built in Microsoft Excel spreadsheets as well as any decent statistical software package. Using Bourdieu's theoretical framework of Field and Habitus allows tailoring of quantitative and qualitative research methodologies to the question at hand. Statistical results confirm postulations in literature that teenage pregnancy is associated with social and economic costs, in the short and long term, including reduced employment opportunity, income outcomes, social status, peer bonding, partner bonding, family support, truncated educational achievement, family rejection, and psychological pressures. The results suggest that adverse long term effects are more pronounced than the short-term outcomes.

Teen Pregnancy and Parenting - Keri Weed
2014-08-01

Whether glamorised or stigmatised, teenage parenthood is all too often used to stand for a host of social problems, and empirical

research results ignored. Identifying core controversies surrounding teen pregnancy and parenting, this book resolves misperceptions using findings from large-scale, longitudinal, and qualitative research studies from the US and other Western countries. Summarising the evidence and integrating it with a systems perspective, the authors explore ten prevalent myths about teenage parents, including: Teen pregnancy is associated with other behavior problems. Children of teen parents will experience cognitive delay, adjustment problems, and will themselves become teen parents. Better outcomes are achieved when teen mothers live with their own mothers. Teen pregnancy costs tax payers lots of money. Abstinence education is the best way to prevent teen pregnancy. Teen Pregnancy and Parenting ends by highlighting the prevention and intervention implications for families, practitioners, and policymakers. It will be of interest to academics and

advanced students from a range of disciplines and professions including psychology, public policy, nursing, social work and sociology.

The Best Intentions - Institute of Medicine 1995-07-02

Experts estimate that nearly 60 percent of all U.S.

pregnancies are and 81 percent of pregnancies among adolescents are unintended.

Yet the topic of preventing these unintended pregnancies has long been treated gingerly

because of personal sensitivities and public controversies, especially the angry debate over abortion.

Additionally, child welfare advocates long have overlooked the connection between pregnancy planning and the improved well-being of families and communities that results when children are wanted.

Now, current issues health care and welfare reform, and the new international focus on population are drawing

attention to the consequences of unintended pregnancy. In

this climate The Best Intentions offers a timely exploration of family planning issues from a distinguished panel of experts. This committee sheds much-needed light on the questions and controversies surrounding unintended pregnancy. The book offers specific recommendations to put the United States on par with other developed nations in terms of contraceptive attitudes and policies, and it considers the effectiveness of over 20 pregnancy prevention programs. The Best Intentions explores problematic definitions of "unintended" versus "unwanted" versus "mistimed" and presents data on pregnancy rates and trends. The book also summarizes the health and social consequences of unintended pregnancies, for both men and women, and for the children they bear. Why does unintended pregnancy occur? In discussions of "reasons behind the rates," the book examines Americans' ambivalence about sexuality

and the many other social, cultural, religious, and economic factors that affect our approach to contraception. The committee explores the complicated web of peer pressure, life aspirations, and notions of romance that shape an individual's decisions about sex, contraception, and pregnancy. And the book looks at such practical issues as the attitudes of doctors toward birth control and the place of contraception in both health insurance and "managed care." *The Best Intentions* offers frank discussion, synthesis of data, and policy recommendations on one of today's most sensitive social topics. This book will be important to policymakers, health and social service personnel, foundation executives, opinion leaders, researchers, and concerned individuals.

Dubious Conceptions -

Kristin Luker 1996

Argues that the social and economic forces that discourage better-off women to delay childbirth are the same

forces that push disadvantaged women to early pregnancy
Kids Having Kids - Rebecca A. Maynard 2018-08-09
Published in 1997. Adolescent mothers are more likely to encounter a variety of economic and social ills than women who delay childbearing until they are adults. This work is a comprehensive examination of the extent to which these undesirable outcomes are attributable to teen pregnancy itself rather than to the wider environment in which most of the pregnancies and the subsequent child-rearing take place. It also examines the consequences of adolescent pregnancy for the fathers of children, and even more importantly, for the children themselves.

First Talk - Bronwyn Mayden 1999

This book is a result of a symposium held by the National Council of Latino Executives and the Child Welfare League of America's Florence Crittenton division which focused on preventing

pregnancy in Latino adolescents. A report of discussions held within the symposium and recommendations from participants are provided. Any effort to alleviate the problem of Latino teen pregnancy will require a sustained, coordinated commitment to a comprehensive, incremental, long-term program. Latino adolescent pregnancy is an issue that demands the leadership, the long-term commitment, and the courage to initiate the recommendations provided in this report. This book offers information on characteristics of the Latino population; factors contributing to Latino adolescent pregnancy; sexual activity, contraceptive use, and sexually transmitted diseases; marriage and childbearing; approaches to adolescent pregnancy prevention; policy issues; and Latino adolescent pregnancy prevention. Appendixes are: "Principles Underlying Program Development," which lists and describes the seven tenants of

the program; "Focus Groups," which lists questions and issues to consider and gives a sample background information sheet; "Participants in the Latino Adolescent Pregnancy Symposium," which is a list of names and address; and "Resources," which gives names and addresses of local and national organizations. (MKA)

Pre-teen and Teenage Pregnancy - June Leishman 2007

Childhood and teenage pregnancy continues to pose significant social and health concerns within the UK and beyond. It is an issue that has implications for individuals across a range of professions and disciplines. This book is written for nurses, midwives, doctors, social workers and teachers, as well as students of sexual and reproductive health and welfare. It highlights some of the issues faced by sexually active young people and those who work with them. It will also be useful to general readers with a broad interest in

the area, or the topic of particular chapters, which are structured to allow readers to OCy dip intoOCO topics as necessary. However we would encourage readers to read the book as a whole for a broader understanding of the issues."

The Brain That Changes Itself - Norman Doidge

2007-03-15

"Fascinating. Doidge's book is a remarkable and hopeful portrait of the endless adaptability of the human brain."—Oliver Sacks, MD, author of *The Man Who Mistook His Wife for a Hat*

What is neuroplasticity? Is it possible to change your brain? Norman Doidge's inspiring guide to the new brain science explains all of this and more. An astonishing new science called neuroplasticity is overthrowing the centuries-old notion that the human brain is immutable, and proving that it is, in fact, possible to change your brain.

Psychoanalyst, Norman Doidge, M.D., traveled the country to meet both the brilliant scientists championing neuroplasticity, its healing

powers, and the people whose lives they've transformed—people whose mental limitations, brain damage or brain trauma were seen as unalterable. We see a woman born with half a brain that rewired itself to work as a whole, blind people who learn to see, learning disorders cured, IQs raised, aging brains rejuvenated, stroke patients learning to speak, children with cerebral palsy learning to move with more grace, depression and anxiety disorders successfully treated, and lifelong character traits changed. Using these marvelous stories to probe mysteries of the body, emotion, love, sex, culture, and education, Dr. Doidge has written an immensely moving, inspiring book that will permanently alter the way we look at our brains, human nature, and human potential.

Romantic Relationships in Emerging Adulthood - Frank D. Fincham

2010-10-28

Emerging adulthood - the period between the late teens and mid-twenties - is a unique

and important developmental period during which people gain relationship experience before settling on someone to partner with. Romantic Relationships in Emerging Adulthood presents a synthesis of research and theory on this topic. Leading scholars from demography, sociology, family studies, and psychology provide original data and theoretical analyses that address the formation, nature, and significance of romantic relationships in emerging adults. Until recently, it was assumed that romantic relationships in emerging adults were not particularly important or formative. The material presented allows this assumption to be thoroughly evaluated. This volume is intended to be a resource for anyone interested in understanding romantic relationships in emerging adulthood. It is especially appropriate for classroom use in upper-level undergraduate and graduate courses in the fields of family sociology, human development and family

studies, clinical and developmental psychology, and social work.

The Tapping Solution - Nick Ortner 2013-04-02

Nick Ortner, founder of the Tapping World Summit and best-selling filmmaker of The Tapping Solution, is at the forefront of a new healing movement. In his upcoming book, The Tapping Solution, he gives readers everything they need to successfully start using the powerful practice of tapping - or Emotional Freedom Techniques (EFT). Tapping is one of the fastest and easiest ways to address both the emotional and physical problems that tend to hamper our lives. Using the energy meridians of the body, practitioners tap on specific points while focusing on particular negative emotions or physical sensations. The tapping helps calm the nervous system to restore the balance of energy in the body, and in turn rewire the brain to respond in healthy ways. This kind of conditioning can help rid practitioners of everything

from chronic pain to phobias to addictions. Because of tapping's proven success in healing such a variety of problems, Ortner recommends to try it on any challenging issue. In *The Tapping Solution*, Ortner describes not only the history and science of tapping but also the practical applications. In a friendly voice, he lays out easy-to-use practices, diagrams, and worksheets that will teach readers, step-by-step, how to tap on a variety of issues. With chapters covering everything

from the alleviation of pain to the encouragement of weight loss to fostering better relationships, Ortner opens readers' eyes to just how powerful this practice can be. Throughout the book, readers will see real-life stories of healing ranging from easing the pain of fibromyalgia to overcoming a fear of flying. The simple strategies Ortner outlines will help readers release their fears and clear the limiting beliefs that hold them back from creating the life they want.