

30 Days Of English Course Speak English With Vanessa

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Diamond Learner's English-English-Hindi Dictionary - Giriraj Sharan Agrawal

Language Hacking German - Benny Lewis
2017-11-14

It's true that some people spend years studying German before they finally get around to speaking the language. But here's a better idea. Skip the years of study and jump right to the speaking part. Sound crazy? No, it's language hacking. Unlike most traditional language courses that try to teach you the rules of German, #LanguageHacking shows you how to learn and speak German through proven memory techniques, unconventional shortcuts and conversation strategies perfected by one of the world's greatest language learners, Benny Lewis, aka the Irish Polyglot. Using the language hacks -shortcuts that make learning simple - that Benny mastered while learning his 11 languages and his 'speak from the start' method, you will crack the language code and exponentially increase your language abilities so that you can get fluent faster. It's not magic. It's not a language gene. It's not something only "other people" can do. It's about being smart with how you learn, learning what's indispensable, skipping what's not, and using what you've learned to have real conversations in German from day one. The Method #LanguageHacking takes a modern approach to language learning, blending the power of online social collaboration with traditional methods. It focuses on the

conversations that learners need to master right away, rather than presenting language in order of difficulty like most courses. This means that you can have conversations immediately, not after years of study. Each of the 10 units culminates with a speaking 'mission' that prepares you to use the language you've learned to talk about yourself. Through the language hacker online learner community, you can share your personalized speaking 'missions' with other learners - getting and giving feedback and extending your learning beyond the pages of the book . You don't need to go abroad to learn a language any more.

Spoken English Learned Quickly - Lynn Lundquist 2002-01-01

Are you frustrated with your English study? You want to speak English. Instead, you are taught to write English sentences and memorize grammar rules. There is a better way. The best way for you to learn a language is to speak it. Therefore, the author of SPOKEN ENGLISH LEARNED QUICKLY developed a method so that you can learn English by speaking it even when you do not yet know the language. Two U.S. patent applications have been filed on the method. This new method allows even the beginning student to speak grammatically correct English for two or more hours each day. The Fluency Builder Course provides enough audiotape material for nine months of spoken English study. Through repeating grammatically correct English sentences, you will quickly learn to speak

fluently. The course emphasizes correct use of the English verb. SPOKEN ENGLISH LEARNED QUICKLY uses neither beginning nor advanced levels of study - all students use the same course, and are immediately immersed in normal, spoken English. This is a self-taught course for highly motivated students. Fluency is achieved at almost twice the rate attainable with typical ESL courses. www.spokenli.com gives two free demonstration lessons.

Inner Engineering - Sadhguru 2016-09-20

NEW YORK TIMES BESTSELLER • Thought leader, visionary, philanthropist, mystic, and yogi Sadhguru presents Western readers with a time-tested path to achieving absolute well-being: the classical science of yoga. “A loving invitation to live our best lives and a profound reassurance of why and how we can.”—Sir Ken Robinson, author of *The Element*, *Finding Your Element*, and *Out of Our Minds: Learning to Be Creative* NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY SPIRITUALITY & HEALTH The practice of hatha yoga, as we commonly know it, is but one of eight branches of the body of knowledge that is yoga. In fact, yoga is a sophisticated system of self-empowerment that is capable of harnessing and activating inner energies in such a way that your body and mind function at their optimal capacity. It is a means to create inner situations exactly the way you want them, turning you into the architect of your own joy. A yogi lives life in this expansive state, and in this transformative book Sadhguru tells the story of his own awakening, from a boy with an unusual affinity for the natural world to a young daredevil who crossed the Indian continent on his motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, where time stood still and he emerged radically changed. Today, as the founder of Isha, an organization devoted to humanitarian causes, he lights the path for millions. The term guru, he notes, means “dispeller of darkness, someone who opens the door for you. . . . As a guru, I have no doctrine to teach, no philosophy to impart, no belief to propagate. And that is because the only solution for all the ills that plague humanity is self-transformation. Self-transformation means that nothing of the old remains. It is a dimensional shift in the way you perceive and experience

life.” The wisdom distilled in this accessible, profound, and engaging book offers readers time-tested tools that are fresh, alive, and radiantly new. Inner Engineering presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy.

Secrets to English Success - Neha Sharma 2021-09-28

◆ Do you know the most important rules and structures that shape the English language? ◆ Do you struggle speaking English fluently and accurately? ◆ Do you always use the right words, phrasal verbs, and idioms? ◆ Are you always confident and articulate while speaking English? If the answer to any of these questions is No, you need *Secrets To English Success*. This book is the ideal resource for everyone who wants to produce writing that is clear, concise, and grammatically splendid. Appropriate for virtually any age range, this authoritative guide makes learning English grammar and usage simple and fun. Whether you're trying to speak English with proficiency or creating perfect professional documents, you'll find *Secrets to English Success* indispensable. Fill in all the gaps in your grammar knowledge with this one go-to guide. In this book, you'll learn to: □ Get better at reading, writing, and speaking □ Master complicated grammar concepts with tons of tips, tricks, and advice □ Be more eloquent in speech or style □ Impress your boss, colleagues, friends, and family with your improved English skills □ Start communicating with precision and ease □ Create confidence for communicating with native speakers □ Sound smarter during job interviews □ Communicate and make friends faster in your cross-culture adventure □ Enjoy an effective, fast, and hassle-free learning experience □ Get a head start on standardized tests like TOEFL, IELTS and CAE examinations □ Create a pathway towards success

Varaha Purana - B.K. Chaturvedi 2004

500 Ways to Learn English - Vinit Kapoor 2022-01-06

WARNING Do not read this book if you want to learn English speaking through tenses or translation. “If you don’t speak English at all.....you can make a super-start with this book. If you dread tricky grammar rules.....you

эффективный источник не так-то просто. Для существенного результата требуется тщательная подготовка. Программа English Out There создавалась на улицах Лондона в течение семи лет с участием и при материальной поддержке живых учеников. Она помогла тысячам разочарованных учащихся быстро и навсегда улучшить свои разговорные навыки. Ahora puede finalmente aprender a hablar inglés con rapidez mediante la creación de su propio curso de conversación en inglés gratuito y altamente eficaz utilizando herramientas en línea gratuitas. Siga el proceso de aprendizaje social y mejorará tanto como los alumnos en los estudios de casos reales. Uno de ellos, un estudiante chino adulto de inglés con la típica frustración, pasó de principiante a intermedio tras solo seis lecciones. Millones de estudiantes de inglés pueden leer y escribir en inglés, pero no se sienten cómodos hablándolo. Intentan practicar usando Facebook, Google Plus, Skype y herramientas de intercambio de idiomas en línea como Livemocha.com y Italki.com. Ellos saben que necesitan práctica, pero la práctica efectiva no es tan fácil como la mayoría de la gente cree. Requiere una preparación cuidadosa para que sea transformacional. English Out There se desarrolló en las calles de Londres durante 7 años con estudiantes de pago reales. Ha ayudado a miles de estudiantes frustrados a experimentar una mejora rápida y permanente en el habla.

Easy Way to Learn Chinese Through English in 30 days - Shelly Verma

SHELLY VERMA is a Guest-Lecturer at University of Delhi and also a Chinese language faculty at Bhartiya Vidya Bhawan. She did Post Graduation in Management (Marketing & HR) from All India Management Association. Simultaneously she did Advanced Diploma in Chinese language from Department of East Asian Studies, University of Delhi. She has also completed an Advanced Diploma in Chinese language from Bhartiya Vidya Bhawan. She also did B.Ed. from MDU, Rohtak. Her keen interest in Chinese language made her qualify HSK Level 5. After completing her studies in Chinese language, she was selected by CBSE as a Master trainer of Chinese language. Later, she taught Mandarin in various institutes and international schools. With an experience of almost 8 years,

she went to Taiwan for an Advanced Teacher Training programme.

Her purpose of writing this book is to meet the needs of a layman interested in learning Chinese language with basic grammar and sentence constructions in the shortest possible time. This book covers basic to intermediate Chinese grammar for sentence formation, greeting people, time, family, business communication, commonly used vocabulary, conversations- in hotel, at the airport, at the railway station, in the market, during telephone calls, etc. Chinese characters, Romanization and English sentences are given in each lesson to make it easier for the students to communicate with confidence.

A PRACTICAL COURSE IN SPOKEN ENGLISH - J. K. GANGAL 2012-09-11

This well-established and highly successful book, now in its Second Edition, builds on the strength of the previous edition, retaining many of the topics and incorporating some new topics in consonance with the present-day needs. The accompanying CD contains all the attributes of a good speech—proper stress, intonation and correct pronunciation—to enable better comprehension of the topics. Some of the conversations and Words Often Mispronounced are also included in the CD to emphasize on the correctness of learning and enrich the learners in language skills. Primarily intended for students and learners who wish to enhance their spoken English skills, this book will be useful also for those who have long-felt need to communicate in English. It has all the rich ingredients to facilitate the learners talk effectively and confidently: □ About 50 real-life conversations to improve one's speech □ Extensive list of vocabulary to aid in group discussions □ Several useful language tips to pursue the global quest for personal and academic excellence NEW TO THIS EDITION □ Discusses the need of the body language □ Gives dos and don'ts for an effective communicator □ Provides a list of a few non-verbal behaviours and their universal interpretation KEY FEATURES □ Application of idioms for effective and creative speaking □ Learning of expressions and phrases for better practical presentation □ Numerous word meanings to clarify doubts □ Grammar and usage in almost all the chapters to grasp the correct syntax □ Activity to instill

confidence in public speaking

HOW TO LEARN FRENCH IN 30 DAYS - Alice Zanzottera 2022-07-25

This book will make you learn FRENCH in just 30 days, from scratch. And this is more than just a simple promise. I explain to you... The method is very simple: the book is divided into 30 chapters, one for each day, to allow you to learn the basics of this language in just one month. To get the most from this course, you just have to follow a rule: read one chapter a day, no more, no less. If you respect this rule and follow the instructions contained in the book, the result is guaranteed. Forget the usual boring grammar courses, having an anonymous and depersonalized profile. HOW TO LEARN FRENCH IN 30 DAYS has been conceived with all of the trimmings of self-help, as a practical manual, being as personal, fun and motivating as possible. It is full of curious anecdotes and useful advice not only to speak FRENCH, but also to get by on the road. If you are still not convinced, keep reading ... From the author's introduction ... The aim of this volume is to guarantee you the basic principles to follow in situations of "ordinary madness", when you are in a French-speaking country. To be precise, I should perhaps say French, as the Francophony includes countries which are very different from each other for linguistic and cultural variations ... this is anyway a topic we will deal with further on. How many times have you happened to improvise a word when eating in a restaurant abroad? Maybe you didn't even know what you were ordering ... Well, it also occurs to the best. So, let's see how to give free rein to our creativity with some more knowledge. This course works very simply. The only thing you need to do is to read one lesson a day. As you can see from the abstract, all topics are shared into 30 units. The length I have chosen to deal with each topic follows this line, indeed, so as not to overwhelm you with too much superfluous information. We will address the main grammatical topics with a fun method that is based on daily situations of communication. As you progress on this path, feel free to go back and review those topics that will seem less clear for you. For further in-depth studies and explanations, Internet offers a myriad of resources for free. I suggest you to choose the

most reliable sources, for example some well-known dictionary, thanks to which you may learn the specific use of a word and its context of use (...). Would you like to ask a coffee in a café parisien without hesitation? Or order a dish in a typical bistrot without incurring unpleasant inconveniences? Or just ask where the toilette is? Here, then you have chosen the book that's right for you!

How To Speak English Fluently - English Learners 2020-03-06

Why English is very important in our life? English language plays a significant role in everyone's life. The English language is among the leading languages in terms of usage all over the world. The usage of English has become common in all sectors like Education, Medical, Media, and Business so on. Reasons why English is so important: It's the most commonly spoken language in the world. It's the language of international business. It's easy to learn. It helps you understand some other languages. You can say things in a hundred different ways. It's really flexible. It's the language of the internet. Reasons why you should learn to speak in English? English communication increases income English skills get more respect English gets you more knowledge English makes travel easier Biggest movies and books are in English Knowledge of English helps make friends English communication gives power & influence English helps the world know our culture English helps us innovate better English skills are our national advantage

The Way of the Linguist - Steve Kaufmann 2005-11

The Way of The Linguist, A language learning odyssey. It is now a cliché that the world is a smaller place. We think nothing of jumping on a plane to travel to another country or continent. The most exotic locations are now destinations for mass tourism. Small business people are dealing across frontiers and language barriers like never before. The Internet brings different languages and cultures to our finger-tips. English, the hybrid language of an island at the western extremity of Europe seems to have an unrivalled position as an international medium of communication. But historically periods of cultural and economic domination have never lasted forever. Do we not lose something by

relying on the wide spread use of English rather than discovering other languages and cultures? As citizens of this shrunken world, would we not be better off if we were able to speak a few languages other than our own? The answer is obviously yes. Certainly Steve Kaufmann thinks so, and in his busy life as a diplomat and businessman he managed to learn to speak nine languages fluently and observe first hand some of the dominant cultures of Europe and Asia. Why do not more people do the same? In his book *The Way of The Linguist, A language learning odyssey*, Steve offers some answers. Steve feels anyone can learn a language if they want to. He points out some of the obstacles that hold people back. Drawing on his adventures in Europe and Asia, as a student and businessman, he describes the rewards that come from knowing languages. He relates his evolution as a language learner, abroad and back in his native Canada and explains the kind of attitude that will enable others to achieve second language fluency. Many people have taken on the challenge of language learning but have been frustrated by their lack of success. This book offers detailed advice on the kind of study practices that will achieve language breakthroughs. Steve has developed a language learning system available online at: www.thelinguist.com.

[Speak English Like an American](#) - Amy Gillett 2004

The audio CD contains all of the dialogues in the book.

Learn Hindi in 30 Days Through English - Krishna Gopal Vikal 2006

Book Dimensions: 21.5x14x1.5 cm

Fluent Forever - Gabriel Wyner 2014-08-05
NATIONAL BESTSELLER • For anyone who wants to learn a foreign language, this is the method that will finally make the words stick. “A brilliant and thoroughly modern guide to learning new languages.”—Gary Marcus, cognitive psychologist and author of the New York Times bestseller *Gitars Zero* At thirty years old, Gabriel Wyner speaks six languages fluently. He didn’t learn them in school—who does? Rather, he learned them in the past few years, working on his own and practicing on the subway, using simple techniques and free online resources—and here he wants to show others

what he’s discovered. Starting with pronunciation, you’ll learn how to rewire your ears and turn foreign sounds into familiar sounds. You’ll retrain your tongue to produce those sounds accurately, using tricks from opera singers and actors. Next, you’ll begin to tackle words, and connect sounds and spellings to imagery rather than translations, which will enable you to think in a foreign language. And with the help of sophisticated spaced-repetition techniques, you’ll be able to memorize hundreds of words a month in minutes every day. This is brain hacking at its most exciting, taking what we know about neuroscience and linguistics and using it to create the most efficient and enjoyable way to learn a foreign language in the spare minutes of your day.

[The Black Book of Speaking Fluent English: The Quickest Way to Improve Your Spoken English](#) - Christopher Hill 2020-01-13

In the world we are living in, English has become the common language that people from different countries and cultures can use to communicate with one another. There are many reasons why people would want to learn English, but for a lot of them; It is work-related. Most large companies around the world require their employees to speak English. In some cases, these companies are requiring their workers to only use English at the workplace. English has also been referred to as “the language of business”. If you have ambitions to become an international businessman or to work at some bigger companies, it’s almost essential that you’re able to speak English fluently. From The Intermediate Level to The Advanced Level From my years of teaching, I am confident to say that it is easy for an English learner to go from a beginner English level to an intermediate English level. However, it takes more time to go from an Intermediate level to an advanced English level. A lot of students have studied English for years but still aren’t able to speak English on an advanced level. They have tried many methods, attending classes, learning how to pronounce every single word and even getting a private English tutor to improve their spoken English, yet they still have a hard time pronouncing English words correctly or feeling too nervous to speak. The Best Proven Way to Learn and Speak English In this book,

Christopher Hill, "THE INTERNATIONAL ESL PROFESSOR " (with 20+ years of experience) will show you powerful unique ways to rapidly improve your spoken English. With topics you already have interest in, you will find out how easy and effortless to learn and speak fluent English. This effective method is simple, yet powerful. You will be able to learn and improve your spoken English 3 to 5 times faster compared to the traditional way of learning. Inside This Black Book, You will Discover: - The 3 Golden Rules of Speaking Fluent English - The Power of Immersion - The Process of Shadowing - How Intensive Listening works - The Best Accent Reduction Techniques - Bonus Guide: The Secret Method to Become Super Fluent in 21 Days How do you know this book is for me? This book is for busy Intermediate students who wish to get to the Advanced English Level. If you can understand 60-80% of an English speaking movie and understand what you are reading so far, you have found the right book. Stop Using Ineffective Ways to Learn and Speak English. When you are using proper methods to learn, you'll find that improving English is effortless. Learn and adopt these Proven techniques, tips, and many more secrets revealed in this black book. Don't Learn Using The Old-fashioned Way. Get a Copy of "The Black Book of Speaking Fluent English" and Start Speaking Fluent English :)

Best English Grammar Book Learn English Grammar in Two Week (Revised Edition) - Vijay Sharma 2021-01-01

Learn English Grammar in 2 Weeks is a peerless book for those who are interested in having a written and spoken command of the English language. The fascination of this international language is unmatched. But it is replete with pitfalls which must be carefully avoided if one does not want to become a butt of laughter either in written or spoken English. Let us quote from the book itself; ♥♥A student of the English language ought to know the difference between 'English' and 'the English♥♥ This book is a treasure house of modern and current usage in English. As one flips through the pages of the book; one gains in knowledge and confidence The mystery of the English language unfolds itself in every page of this wonderful treatise. It is a single volume book that combines source

grammar and practice exercises while explaining the rules of grammar and tackling seemingly contradictory rules. Since the book is for students of an Intermediary level, concise explanations are provided. It focuses on topics like grammar contrasts (whether to use 'would' or 'used to' in past tense construct) and grammar patterns for example will be going among others. What will you Learn from THE BEST BOOK OF ENGLISH GRAMMAR □ The book also explores more than hundred units of grammar concepts and each unit is allocated two pages. While the left hand page is filled with grammar concepts with concise examples, the facing page comprises of practice exercises. □ This format has been followed to ensure that each point is brief but comprehensive. □ The book has been designed in such a way that it gives students freedom to choose what unit they want to practice. □ The order of the book does not need to be strictly followed as it is a revision guide and each topic is complete and self contained. Therefore, a student can just begin from the middle of the book, concentrate on the unit he or she finds difficulty in. If a student gets stuck at a certain exercise.

Fahrenheit 451 - Ray Bradbury 2003-09-23

A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.

Learn Gujarati in 30 Days Through English: □□□□ □□□□□□ □□□□□□ □□□□ - Krishna Gopal Vikal 2016-04-08

The books will be prepared under the able guidance of the well-known author and editor of several books. Format and scheme of all books will be the same as that of this book and each book will be prepared in close consultation with the topmost linguists of the language concerned. We hope, this series will bring together the people of various parts of our country promoting mutual understanding in fostering national unity. We hereby present the book 'Diamond Gujarati Learning And Speaking Course'. English Fluency For Adult - How to Learn and Speak English Fluently as an Adult - Whitney Nelson 2019-10-11

This book is specially written for older students (25+) of the English language who wishes to improve his/her English fluency to the next level but seems to have hit a plateau. Regardless of

what actions are taken, progression is slow or limited.

Hindi-English Expert Translator Hindi se English Translation Mai Step-By-Step Purn Dakshita Ke Liye - SC Gupta 2018-04-20

The book offers a simple yet effective way to learn English as well as to translate from Hindi to English. It contains several common Hindi sentences that have been translated into English that allow a learner to easily understand day-to-day words and how to use them in sentences when writing or speaking in English. By learning how typical Hindi sentences, when translated into English can be used in everyday life, one can improve his or her grasp about using both the language. Besides the author, a good bi-linguist, has even detailed the grammatical aspects about each topic given in the book, which offer self improvising problems with easy solutions to them. Different sections have been created so as to improve the reader's basic grammar, which includes Nouns, Pronouns, Tenses, Sentence making, etc. Each section comes with a separate practice set that lets the readers test English reading, writing and speaking skills as well as the translation ability that one has been able to learn. There is even a separate vocabulary section to help readers learn more new words and how to use them effectively while communicating. With step-by-step guidelines, one can surely bring fluency in their English language usage over a few months.

Language Hacking Spanish - Benny Lewis 2017-03-28

It's true that some people spend years studying Spanish before they finally get around to speaking the language. But here's a better idea. Skip the years of study and jump right to the speaking part. Sound crazy? No, it's language hacking. Unlike most traditional language courses that try to teach you the rules of Spanish, #LanguageHacking shows you how to learn and speak Italian through proven memory techniques, unconventional shortcuts and conversation strategies perfected by one of the world's greatest language learners, Benny Lewis, aka the Irish Polyglot. Using the language hacks -shortcuts that make learning simple - that Benny mastered while learning his 11 languages and his 'speak from the start' method, you will crack the language code and exponentially

increase your language abilities so that you can get fluent faster. It's not magic. It's not a language gene. It's not something only "other people" can do. It's about being smart with how you learn, learning what's indispensable, skipping what's not, and using what you've learned to have real conversations in Spanish from day one. The Method #LanguageHacking takes a modern approach to language learning, blending the power of online social collaboration with traditional methods. It focuses on the conversations that learners need to master right away, rather than presenting language in order of difficulty like most courses. This means that you can have conversations immediately, not after years of study. Each of the 10 units culminates with a speaking 'mission' that prepares you to use the language you've learned to talk about yourself. Through the language hacker online learner community, you can share your personalized speaking 'missions' with other learners - getting and giving feedback and extending your learning beyond the pages of the book . You don't need to go abroad to learn a language any more.

Thirty Days to Better English - Norman Lewis 1985

Reading Skills - Sam McCarter 2007

Aimed at students between bands 4.5 and 7.5, this is part of a series of three books covering academic reading, academic writing, and listening and speaking. The courses develop all the skills required by students in order to improve their IELTS score. Used as either a complete course or to target specific skills, they can also be used to supplement another course. Key features: Step-by-step guidance makes this series ideal for self-study or use in the class. Technique boxes reinforce how to ap
English Fluency For Advanced English Speaker: How To Unlock The Full Potential To Speak English Fluently - Whitney Nelson 2020-02-08

The Secret to Speak Fluent English This book is specially written for advanced students of the English language who wishes to improve his/her English fluency to the next level but seems to have hit a plateau. Regardless of what actions are taken, progression is slow or limited. Here is a checklist to see if this guide is for you. You Are

an Advanced English Speaker If.. ☐ You can understand 70% of an English speaking movie. ☐ You can answer simple questions in a conversation, but you have a hard time elaborate your points when trying to explain in more details. ☐ You can have a short conversation, but you stutter sometimes when you speak. ☐ You can write better than you speak. ☐ You stutter when you try to speak fast. ☐ You can speak quite well, but you have a strong accent. If one of those sounds familiar to you, perhaps you have found the right book. This book is essential for you to break through and not only improving your spoken skills but developing them so well that you can speak like a native English speaker. Armed with the proven tips, tricks, and techniques in this book, you'll discover that you'll be soaring to an entirely new and exciting level of learning within days. On top of that, these guidelines can be used nearly effortlessly. Proven Technique That Works You'll discover what "shadowing" is and how it can painlessly take you to a supreme status in your studies. You'll also learn about a related method of learning to pronounce English fearlessly. It's called the "scriptorium method." Once you try it you'll realize why so many people praise its effectiveness. English is not an easy language to learn. But if you are using proper methods to learn and speak, you'll find that your next level of learning is just a click away. Learn and adopt these techniques, tips, and many more secrets revealed in this book, and your English fluency will be on a whole different level in 60 days ! Remember: Practice doesn't make perfect. Perfect practice makes perfect. Download Now and Start Speaking Fluent English!

The Wim Hof Method - Wim Hof 2020-10-20
 INSTANT NEW YORK TIMES BESTSELLER The only definitive book authored by Wim Hof on his powerful method for realizing our physical and spiritual potential. "This method is very simple, very accessible, and endorsed by science. Anybody can do it, and there is no dogma, only acceptance. Only freedom." —Wim Hof Wim Hof has a message for each of us: "You can literally do the impossible. You can overcome disease, improve your mental health and physical performance, and even control your physiology so you can thrive in any stressful situation." With *The Wim Hof Method*, this trailblazer of human

potential shares a method that anyone can use—young or old, sick or healthy—to supercharge their capacity for strength, vitality, and happiness. Wim has become known as "The Iceman" for his astounding physical feats, such as spending hours in freezing water and running barefoot marathons over deserts and ice fields. Yet his most remarkable achievement is not any record-breaking performance—it is the creation of a method that thousands of people have used to transform their lives. In his gripping and passionate style, Wim shares his method and his story, including:

- Breath—Wim's unique practices to change your body chemistry, infuse yourself with energy, and focus your mind
- Cold—Safe, controlled, shock-free practices for using cold exposure to enhance your cardiovascular system and awaken your body's untapped strength
- Mindset—Build your willpower, inner clarity, sensory awareness, and innate joyfulness in the miracle of living
- Science—How users of this method have redefined what is medically possible in study after study
- Health—True stories and testimonials from people using the method to overcome disease and chronic illness
- Performance—Increase your endurance, improve recovery time, up your mental game, and more
- Wim's Story—Follow Wim's inspiring personal journey of discovery, tragedy, and triumph
- Spiritual Awakening—How breath, cold, and mindset can reveal the beauty of your soul

Wim Hof is a man on a mission: to transform the way we live by reminding us of our true power and purpose. "This is how we will change the world, one soul at a time," Wim says. "We alter the collective consciousness by awakening to our own boundless potential. We are limited only by the depth of our imagination and the strength of our conviction." If you're ready to explore and exceed the limits of your own potential, *The Wim Hof Method* is waiting for you.

Atomic Habits - James Clear 2018-10-16
 The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master

the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: make time for new habits (even when life gets crazy); overcome a lack of motivation and willpower; design your environment to make success easier; get back on track when you fall off course; ...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Diamond Hindi-English Dictionary - Giriraj Sharan Agrawal 2000-04

The Language Instinct - Steven Pinker 2010-12-14

The classic book on the development of human language by the world's leading expert on language and the mind. In this classic, the world's expert on language and mind lucidly explains everything you always wanted to know about language: how it works, how children learn it, how it changes, how the brain computes it, and how it evolved. With deft use of examples of humor and wordplay, Steven Pinker weaves our vast knowledge of language into a compelling story: language is a human instinct,

wired into our brains by evolution. The Language Instinct received the William James Book Prize from the American Psychological Association and the Public Interest Award from the Linguistics Society of America. This edition includes an update on advances in the science of language since The Language Instinct was first published.

Learn Filipino: Must-Know Filipino Slang Words & Phrases - Innovative Language Learning

Do you want to learn Filipino the fast, fun and easy way? And do you want to master daily conversations and speak like a native? Then this is the book for you. Learn Filipino: Must-Know Filipino Slang Words & Phrases by FilipinoPod101 is designed for Beginner-level learners. You learn the top 100 must-know slang words and phrases that are used in everyday speech. All were hand-picked by our team of Filipino teachers and experts. Here's how the lessons work: • Every Lesson is Based on a Theme • You Learn Slang Words or Phrases Related to That Theme • Check the Translation & Explanation on How to Use Each One And by the end, you will have mastered 100+ Filipino Slang Words & phrases!

Effortless English - A. J. Hoge 2014-10-15
Effortless English: Learn To Speak English Like A Native A.J. HOGE, THE WORLD'S #1 ENGLISH TEACHER, teaches you his most powerful methods for learning to speak English fluently and confidently. Famous for training corporate and government leaders, A.J. Hoge gives you a step by step program teaching you the system that will help you master English and achieve ultimate success with English. You have studied English for years and yet you still do not speak well. When you speak English, you make grammar mistakes. Your pronunciation is not clear. Worst of all, you feel nervous and shy when you try to speak English. You read English well, but after all these years you still cannot speak well. The good news is, it's not your fault. You have simply used old ineffective methods. Effortless English will teach you a completely new way to learn English faster. Effortless English will..... *Teach you how to overcome nervousness, shyness, and fear when speaking English. *Master spoken English grammar quickly and naturally *Teach you how to improve your English pronunciation and develop an

American, British, or Australian accent. *Show you how to achieve a high TOEFL, IELTS, or TOEIC score. *Help you learn vocabulary 4-5 times faster. *Tell you how to feel stronger, calmer, and more powerful when speaking English. *Teach you how to understand native speakers and communicate clearly with them during real conversations. *Help you get better jobs by learning business English. *Teach you how to learn grammar without memorizing grammar rules. "You have studied English many years, yet you still do not speak well. You read English but you feel nervous and frustrated when speaking. It is time for a change. I will teach you to speak English quickly, easily, and automatically using my Effortless English System (TM). I will teach you to speak with correct grammar and excellent pronunciation. You can achieve success now simply by changing the way you learn English." --A.J. Hoge

Fluent in 3 Months - Benny Lewis 2014-03-11

Benny Lewis, who speaks over ten languages—all self-taught—runs the largest language-learning blog in the world, *Fluent In 3 Months*. Lewis is a full-time "language hacker," someone who devotes all of his time to finding better, faster, and more efficient ways to learn languages. *Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World* is a new blueprint for fast language learning. Lewis argues that you don't need a great memory or "the language gene" to learn a language quickly, and debunks a number of long-held beliefs, such as adults not being as good of language learners as children.

Spoken English - Alison Reid

Learn to Speak Farsi in 30 Days - Reza Nazari 2017-08

Learn speak Farsi faster than you ever thought possible! Can you learn Farsi language without learning the alphabet? Yes, you can! In fact, anyone can learn to speak Farsi language without reading its script. Now, you can learn Farsi language the way the children do. They can't read or write, they just pick the language up through immersion and context. Many Farsi learners think that it would probably be difficult (or impossible) to become fluent in spoken Farsi without being able to read the alphabet. In this book, you will learn that it's perfectly possible to

reach a good conversational level without being able to read. Many Farsi speakers use the Roman alphabet when writing in their dialect. This book uses the same method. You would technically be illiterate in Farsi, but you could learn to speak and listen. Designed for Farsi learners, this comprehensive and innovative book makes Farsi language more accessible to students by removing the formidable barrier of the Farsi alphabet. *Learn to Speak Farsi in 30 days* helps you learn speak Farsi faster than you ever thought possible. You only need to spend about 2 - 3 hours daily in your 30-day period in order to learn Farsi language at intermediate level. Whether you are just starting to get in touch with the Farsi language, or even if you have already learned the basics of the language, this book can help you accelerate the learning process and put you on the right track. Each section of the book contains 6 pages covering a comprehensive range of topics. Each day includes vocabulary, grammar and reading lessons. It gives learners easy access to the Farsi vocabulary and grammar as it is actually used in a comprehensive range of everyday life situations and it teaches students to use Farsi for situations related to work, social life, and leisure. Topics such as greetings, family, weather, sports, food, customs, etc. are presented in interesting unique ways using real-life information. Effortlessly and confidently follow the step-by-step instructions in this book to achieve the highest level of fluency to make you speak Farsi like a native speaker. *Learn to Speak Farsi in 30 days* is the only book you'll ever need to master Farsi language! It can be used as a self-study course - you do not need to work with a teacher. (It can also be used with a teacher). Published by:

www.LearnPersianOnline.com

30 Days to a More Powerful Vocabulary - Wilfred Funk 1991-03-15

A thirty-day vocabulary building program which includes a pronunciation guide and word origins and histories

Mastering the American Accent with Online Audio - Lisa Mojsin 2016-09-15

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product.

Mastering the American Accent is an easy-to-follow approach for reducing the accent of non-native speakers of English. Well-sequenced lessons in the book correspond over eight hours of audio files covering the entire text. The audio program provides clear models (both male and female) to help coach a standard American accent. The program is designed to help users speak Standard American English with clarity, confidence, and accuracy. The many exercises in the book concentrate on topics such as vowel sounds, problematic consonants such as V, W, TH, the American R and T and others. Correct lip and tongue positions for all sounds are discussed in detail. Beyond the production of sounds, the program provides detailed instruction in prosodic elements such as syllable stress, emphasis, intonation, linking words for smoother speech flow, common word contractions, and much more. Additional topics that often confuse ESL students are also discussed and explained. They include distinguishing between casual and formal speech, homophones (e.g., they're and there), recognizing words with silent letters (e.g., comb, receipt), and avoiding embarrassing pronunciation mistakes, such as mixing up "pull" and "pool." Students are familiarized with many irregular English spelling rules and exceptions, and are shown how such irregularities can contribute to pronunciation errors. A native language guide references problematic accent issues for 13 different language backgrounds.

Easy Way to Learn French Through English in 30 Days - Rinkal Sharma 2020

This book is designed in such a way that everyone can learn FRENCH through ENGLISH in easy way, in 30 days. In just minutes a day, you'll pick up FRENCH language through ENGLISH for everyday situations - from basic to intermediary level. This book covers learnings starting from French Grammar to sentence formation, greeting people, time, family, weather, business communication, commonly used vocabulary, conversations - in Hotel, on the road, at the station, over phone, etc and includes proverbs and commonly used phrases. The essence of this book is making learning FRENCH easy through ENGLISH in a easy way, and in convenient time of daily schedule. As regular writer in Newspaper & blogger on national and

international portals, Rinkal Sharma has over 18 years of rich experience in English & French Language. As French Scholar, she is committed to make Language Learning in EASY, PRACTICAL & FUN way. Love for French, English & Hindi language prompted her to conceptualize a new & scientific way to make Language learning easy. As dispeller of all confusion towards language learning, this book make Language learning journey a complete fun with minimum time & efforts, but in calibrated manner. In love of French Language, Rinkal also has deep interest & vast experience in creative field of Theatre - Famous plays ("Tajmahal ka Tender", "Bade Aadmi", "All Idiots", "Jai Hind" etc) in various roles (Direction, Script-writing & Acting), Over 10 short films & web-series ("Darkness of Color", "Godhuli", "Aadi & Friends" etc). She has worked with Doordarshan, TV18 & Sudharshan Channel. Her two books have already published and received acclaim.

Talk English - Ken Xiao 2016-09-19

You have studied English for years, yet you still don't speak English well. You've tried many methods and you still make grammar mistakes, you still can't speak English fluently, and you still can't pronounce English words correctly. You can read English, but you feel too nervous or too shy to speak English. The good news is, this is very normal. You have simply used ineffective methods to learn to speak English. Ken has been in your situation before, but now he can speak English like a native, and he accomplished that in six months. In this book, Ken is going to teach you how to completely get rid of your accent and develop an American or British accent to speak English just like a native speaker, and he'll teach you how to accomplish that in just six months. In this book, you'll: *learn to speak like a native in six months or less*learn to do that on a busy schedule*learn to speak English without translating it first*learn grammar without memorizing grammar rules*learn to build a vocabulary that lasts*learn to pronounce English words like native American or native British*learn to speak English fluently, correctly, naturally, effectively, effortlessly*and more... to speak English like a native speaker. You have studied English for years, yet you still can't speak English well. The reason is

simply: The methods you used were ineffective. Change your approach now. Learn from the success who has walked in your shoes before and is getting the result you want.

Effortlessly follow the step-by-step instructions in the book to achieve the highest level of fluency to help you speak English like a native speaker. Add to Cart