

# Lives In The Shadow With J Krishnamurti English Edition

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**In the Presence of Krishnamurti** - Mary Zimbalist 2018-06-10

Mary Zimbalist's account of her time with Krishnamurti

**The First and Last Freedom** - Jiddu Krishnamurti 2010-10-05

Krishnamurti is a leading spiritual teacher of our century. In *The First and Last Freedom* he cuts away symbols and false associations in the search for pure truth and perfect freedom. Through discussions on suffering, fear, gossip, sex and other topics, Krishnamurti's quest becomes the readers, an undertaking of tremendous significance.

*Letters to the Schools* - Jiddu Krishnamurti 2001-03

**Lives in the Shadow with J. Krishnamurti** - Radha Rajagopal Sloss 2011-08-01

For nearly half a century the charismatic, strikingly handsome spiritual teacher J. Krishnamurti gathered an enormous following throughout Europe, India, Australia and North America. From the age of eighteen he was the forerunner of the type of iconoclasm that would bring immediate fame to cult figures in the late twentieth century. Yet recent biographies have left large areas of his life in mystifying darkness. This, however, is no ordinary study of Krishnamurti, for it is written by one whose earliest memories are dominated by his presence as a doting second father

tolerant of pranks and pets, playful and diligent. For over two decades in their Ojai California haven, where Aldous Huxley and other pacifists found respite during the war years, 'Krinsh' developed his philosophical message. He also placed himself at the centre of her parents' Rosalind and Rajagopal's marriage. In a spirit of tenderness, fairness, objective inquiry, and no little remorse, the author traces the rise of Krishnamurti from obscurity in India by selection of the Theosophical Society to be the vehicle of a new incarnation of their world teacher. Breaking from Theosophy, Krishnamurti inspired his own following, retaining the dedication of his longtime friend Rajagopal, himself highly educated, to oversee all practicalities and the editing and publication of his writings. How this bond of trust was breached and became clouded in confusion with a new wave of devoteeism lies at the heart of this extraordinary story. So does a portrait of intense romantic intimacy and the conundrum of Krishnamurti's own complex character.

*A Dialogue with Oneself* - Jiddu Krishnamurti 1977

*The Mystique of Enlightenment* - U. G. Krishnamurti 2022-01-04

"People call me an 'enlightened man' — I detest that term — they can't find any other word to describe the way I am functioning. At the same

time, I point out that there is no such thing as enlightenment at all. I say that because all my life I've searched and wanted to be an enlightened man, and I discovered that there is no such thing as enlightenment at all, and so the question whether a particular person is enlightened or not doesn't arise. I don't give a hoot for a sixth-century-BC Buddha, let alone all the other claimants we have in our midst. They are a bunch of exploiters, thriving on the gullibility of the people. There is no power outside of man. Man has created God out of fear. So the problem is fear and not God."

The Urgency of Change - Jiddu Krishnamurti 1971

*Education and the Significance of Life* - Jiddu Krishnamurti 2010-09-07

The teacher probes the Western problems of conformity and loss of personal values while offering a fresh approach to self-understanding and the meaning of personal freedom and mature love.

**J. Krishnamurti** - Pupul Jayakar 2000-10-14

A classic biography of one of the greatest spiritual teachers of our times. In 1909, when he was just fourteen, Krishnamurti was proclaimed the world teacher in whom Maitreya, the Bodhisattva of compassion, would manifest. The proclamation was made by Annie Besant, then president of the Theosophical Society, a movement that combined Western occult philosophy with Buddhist and Hindu teachings. Besant trained Krishnamurti in his role as the chosen one but twenty years later he chose to disband the order he was head of and set out alone on his endless journey— As a contemporary of Krishnamurti and one of his closest associates. Pupul Jayakar offers an insider's view of the fascinating life and thought of an extraordinary individual.

**The Flight of the Eagle** - J Krishnamurti 2014-10-02

Jiddu Krishnamurti (1895-1986) rose from humble beginnings to become a leading spiritual and philosophical thinker. His works continue to influence thousands of people around the world; Joseph Campbell, Alan Watts, Eckhart Tolle and Deepak Chopra have all been indebted to him. And yet he belonged to no religion, sect or country. Nor did he subscribe to any school of political or ideological thought. On the contrary,

Krishnamurti maintained that these are the very factors that divide human beings and bring about conflict and war - an approach that makes his teachings particularly appealing in our own times. *The Flight of the Eagle* is regarded as one of Krishnamurti's key works, grappling with themes such as freedom, change, peace, violence and - finally - the transcendental and the unknown.

Krishnamurti - Mary Lutyens 1997

Relying heavily on his letters, traces the religious leader's development from Theosophical Society child messiah to independent teacher and the unfolding of his teaching

*Krishnamurti* - Ravi Ravindra 1995-04-01

A longtime student and friend reveals both the spiritual greatness and the human pathos of his remarkable teacher.

*On Krishnamurti's Teachings* - Allan W. Anderson 2012-07-01

This seminal collection of works by Allan Anderson expresses his deep concern with vital matters that are shared by all of humanity. His exploration into questions that profoundly affect people of every race and gender, from every quarter of the globe, are brought into focus in his discerning questions posed to J. Krishnamurti. In 1974 he held 18 one hour conversations with the philosopher, teacher and author Krishnamurti, who was perhaps the most noted iconoclast of his day. One who spoke on a wide range of topics, often focusing on 'what is', as he put it. His teaching pointed again and again to not being hobbled by the influence of others, be they those we look up to such as Gurus, Priests and Masters but, also the culture into which we are born, with its deep impact on our conditioned mindset. Our admiration can also include Rulers, Kings or Dictators whose iron hand can impose a sense of order into the confusion and disorder of our lives. Our beliefs, the rules set out by our conditioned past, can prevent us from direct observation and true insight. As a teacher Krishnamurti did not offer comfort or consolation, but rather asked that we take direct responsibility for our actions and to our relationship with others. As the interviews continued under the challenging exploration of both Anderson and Krishnamurti, the topics plumb depths that could only be achieved by those who are able to

interact with direct responsiveness. The universality of the topics, ranging in part from questions regarding Fear, Desire, Death, Religion and Authority and lastly Meditation, to offering the widest scope for those willing to face essential questions. The rapport with which the two men interact, the open minded approach to serious issues, indicate not only the depth and passion of their concern but the ability to really listen. Each responding to the other, not as if from across the ravine of pre-held positions, but each looking afresh at every issue as it arises. Lastly, the awakening of that supreme intelligence which does not depend on any authority and which is beyond all thought can only come about from the well-spring of direct perception. Each man, in his own way, makes clear that such perception is possible. (From the Foreword by Evelyne Blau)  
*J. Krishnamurti: A Life of Compassion beyond Boundaries* - Roshen Dalal  
2020-06-25

Among the most famous visionaries of our times, J. Krishnamurti (1895-1986) continues to transform thought, lifestyles, and education across continents more than three decades after his death. In this new biography, tracing the nine long decades of his life, from his growing-up years, his relationships to his writings and talks, Roshen Dalal provides a much-needed corrective – an objective and balanced view of his legacy. Adopted by Theosophists at the age of fourteen, and proclaimed a world teacher and messiah, in 1929, Krishnamurti dissolved the Order of the Star created for him and went on to develop his own philosophy. What is it about his ideas that draws the following of generations of people? Delivered to a divided world then, what makes his message so relevant now? While his ideas on education are idealistic, why do they continue to be everlasting in their contribution and appeal? Krishnamurti's vision is of a world without boundaries or wars, a world where compassion and goodness predominate, and his message is that such a world can be arrived at only through individual transformation. B24 There is no direct path to transformation, yet through intense perception and understanding, it is possible to achieve this goal. Carefully reconstructing the events and extracting the essence of his talks, Dalal dispels several myths, explains his teachings, and reveals the underlying

theosophical and occult influence in Krishnamurti's life. Here is the most complete biography yet, of one of the greatest thinkers of the twentieth century.

**You are the World** - Jiddu Krishnamurti 1998

**Relationships** - Jiddu Krishnamurti 2008

Modern quantum physics, most psychological insight, and all religions reveal the interconnectedness of everything in the universe, that everything always affects everything else. Because all life is lived in relationships, it is essential that we understand what a relationship is, and what every movement in relationships can mean to us and everyone else. Put together, all our individual relationships create society. Attention to our own behavior in relationship will recreate the world.  
What Are You Doing With Your Life? - J. Krishnamurti 2018-04-05  
'One of the greatest thinkers of the age' The Dalai Lama 'One of the five saints of the 20th century' - TIME magazine 'Krishnamurti influenced me profoundly' - Deepak Chopra Who are you? What are you? What do you want from life? One of the world's great philosophical teachers, Krishnamurti, offers his inspiring wisdom on many of life's hurdles from relationships and love, to anxiety and loneliness. He answers such questions as 'What is the significance of life?' and 'How do I live life to the full?' to reveal the best way of being true to yourself. Read by millions from all walks of life, Krishnamurti shows us there is no path, no higher authority, no guru to follow, and that ultimately it is our own responsibility as to how we live our lives.

**This Light in Oneself** - Jiddu Krishnamurti 1999-03-16

These selections present the core of Krishnamurti's teaching on meditation, taken from discussions with small groups, as well as from public talks to large audiences. His main theme is the essential need to look inward, to know ourselves, in order really to understand our own—and the world's—conflicts. We are the world, says Krishnamurti, and it is our individual chaos that creates social disorder. He offers timeless insights into the source of true freedom and wisdom.

**Star in the East** - Roland Vernon 2002-10-01

The story of Krishnamurti, one of the twentieth century's most influential and controversial spiritual figures, takes place in the crucible of sexual scandal, mysticism, and an extraordinary personal history. "Discovered" by a leader of the Theosophical Society, Krishnamurti was hailed as a messiah and groomed to be the new World Leader. Rejecting the society's claims, he then set out on a teaching career that covered six decades, and produced fifty books and thousands of talks. Until his death in 1986, he continued to challenge many generally cherished ideas of spirituality. His lectures, books, and interviews are still widely read and studied. In this first truly objective biography, English author Roland Vernon uses primary and secondary sources as well as numerous unattributed interviews with Krishnamurti's friends and students to provide a wealth of detail. With unflinching and non-judgmental clarity, Vernon describes the details of Krishnamurti's life, including his formative years with the allegedly pedophilic Charles Leadbeater and the notorious Anne Besant, and the painful purification "process" that he was forced to undergo. Vernon also provides insight into Krishnamurti's highly-private personal life, including an extended clandestine affair with longtime friend Rosalind Williams Rajagopal. By painting full pictures of the people who most influenced Krishnamurti, especially in his formative years, the author gives valuable clues to some of the often less well-illuminated aspects of Krishnamurti's character.

Writing to Awaken - Mark Matousek 2017-07-01

Writing to Awaken is an inspirational investigation of the self through expressive writing, guiding you along the path of awakening through radical truth-telling and self-inquiry. With targeted and revelatory questions, you'll be prompted to explore your own personal narrative—to write honestly about your deepest wounds, greatest challenges, hidden gifts, yearnings, and opportunities for growth—in order to discover a deeply authentic understanding of yourself and move toward a more liberated, truthful life. We each have our own story, a personal myth constructed from the content life presents us: we connect dots to shape the narrative, devise plotlines from circumstance, change characters, fashion conflicts, and adjust structure, settings, and themes as our lives

unfold. But so often, over time, we come to believe that we are our story, identifying so strongly with the tales we've told ourselves and others that we cling to them for our very existence—even when they don't quite fit. The realization that there's a discrepancy between the narrative you've crafted and your authentic self can be disconcerting at first, but the exploration of that gap is a doorway to personal freedom, and this book will lead you through it. The writing exercises in this guide, one for nearly every week of the year, ask you to tell the whole truth about your experience. In doing so, you'll come to realize that once you engage in this radical truth-telling, expressing yourself with complete honesty, your story changes; and when your story changes, your life is transformed. Rather than sticking with your illusive and tricky "Story of Me," you'll be prompted to go even deeper, piercing your personal myth and illuminating aspects of psyche and spirit that give way to profound moments of understanding and personal healing. This is not a how-to book for writers; it's an invitation on a journey of self-discovery—a guide to facing yourself without flinching, accepting yourself as you are, surrendering to what is, and daring to question and transform what isn't true. With Writing to Awaken, you'll learn how to break free from the trance of mistaken identity and discover your essential, authentic self.

One Thousand Moons - 1985

Photographs portraying the daily activities of the spiritual teacher, Jiddu Krishnamurti, are accompanied by a description of his life

*A Wholly Different Way of Living* - Jiddu Krishnamurti 1991

In a time of unprecedented outer change in the political and social spheres, is there a fundamental inner challenge that faces each one of us? In these 18 dialogues, Krishnamurti indicates that pinning hopes on organized religion, science, political ideology or the market economy not only fails to address basic human problems, but actually creates them. Instead, he discusses with Professor Anderson the concept of a wholly different way of living.

**Where Can Peace Be Found?** - J. Krishnamurti 2011-01-11

Widely recognized as one of the most influential spiritual teachers of the twentieth century, Jiddu Krishnamurti taught that in order for there to be

peace in the world, we must each first make peace with ourselves. No spiritual path, leader, or personal or political philosophy will guide us in this endeavor, he said; this transformation of the human psyche is a truth that each of us must discover within. Here, Krishnamurti teaches that the war and destruction human beings wreak on each other and the environment are caused by our misplaced attachment to a sense of self and individuality that leads to aggression, competition, greed, and conflict. When we recognize that our consciousness is not individual but common to all humans, we can work together in a spirit of cooperation and compassion. Krishnamurti shows that taking personal responsibility for our actions and reactions—in our relationships and in our lives—is the necessary first step toward a global view

*On Fear* - Jiddu Krishnamurti 2013-07-30

*On Fear* is a collection of Krishnamurti's most profound observations and thoughts on how fear and dependence affect our lives and prevent us from seeing our true selves. Among the many questions Krishnamurti addresses in these remarkable teachings are: How can a mind that is afraid love? And what can a mind that depends on attachment know of joy? He points out that the voice of fear makes the mind dull and insensitive, and argues that the roots of hidden fears, which limit us and from which we constantly seek escape, cannot be discovered through analysis of the past. Questioning whether the exercise of will can eliminate the debilitating effects of fear, he suggests, instead, that only a fundamental realization of the root of all fear can free our minds.

*What Are You Seeking?* - J Krishnamurti 2019-01-01

The answer to the question, 'What are you Seeking?', is simple: We want to find truth, God, everlasting peace. The real question, says Krishnamurti, is: 'Why do you seek at all?' Knowing conflict, repression, self-doubt, and fear as consistent companions, we naturally wish for them to come to an end. So begins the search for relief, the search for everlasting peace--through ideas, religions, self-help, self-analysis, etc., and we think of this search as a right action towards finding what we are looking for. But do we know what we are looking for, or are we merely seeking relief from what is happening presently? Are we seeking at that

point only an idea, the supposed opposite of the emotion that we are experiencing now? It is the search that maintains the present emotion and its projected opposite in a state of mutually co-existent conflict, inherently.

*The Light of Krishnamurti* - Gabriele Blackburn 1996-01-01

**Yoga Journal** - 1992-01

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

**Freedom from the Known** - J Krishnamurti 2010-07-01

Born in poverty in India, Jiddu Krishnamurti (1895-1986) became a leading spiritual and philosophical thinker whose ideas continue to influence us today. George Bernard Shaw declared that he was the most beautiful human being he had ever seen and Aldous Huxley was one of his close friends. Whether debating politics with Nehru, discussing theories with Rupert Sheldrake and Iris Murdoch, or challenging his students not to take his words at face value, Krishnamurti engaged fully with every aspect of life. He is regarded by many modern religious figures as a great teacher, an extraordinary individual with revolutionary insights; Joseph Campbell, Alan Watts, Eckhart Tolle and Deepak Chopra are all indebted to his writings. *Freedom from the Known* is one of Krishnamurti's most accessible works. Here, he reveals how we can free ourselves radically and immediately from the tyranny of the expected. By changing ourselves, we can alter the structure of society and our relationships. The vital need for change and the recognition of its very possibility form an essential part of this important book's message.

*The Only Revolution* - Jiddu Krishnamurti 1970

"In these charming, informal pages, the reader comes into more direct and intimate contact with Krishnamurti himself than in any previous book." -- Inside front flap.

Lives in the Shadow with J. Krishnamurti - Radha Rajagopal Sloss  
2011-08-31

For nearly half a century the charismatic, strikingly handsome spiritual teacher J. Krishnamurti gathered an enormous following throughout Europe, India, Australia and North America. From the age of eighteen he was the forerunner of the type of iconoclasm that would bring immediate fame to cult figures in the late twentieth century. Yet recent biographies have left large areas of his life in mystifying darkness. This, however, is no ordinary study of Krishnamurti, for it is written by one whose earliest memories are dominated by his presence as a doting second father—tolerant of pranks and pets, playful and diligent. For over two decades in their Ojai California haven, where Aldous Huxley and other pacifists found respite during the war years, 'Krinsh' developed his philosophical message. He also placed himself at the centre of her parents' Rosalind and Rajagopal's marriage. In a spirit of tenderness, fairness, objective inquiry, and no little remorse, the author traces the rise of Krishnamurti from obscurity in India by selection of the Theosophical Society to be the vehicle of a new incarnation of their world teacher. Breaking from Theosophy, Krishnamurti inspired his own following, retaining the dedication of his longtime friend Rajagopal, himself highly educated, to oversee all practicalities and the editing and publication of his writings. How this bond of trust was breached and became clouded in confusion with a new wave of devoteeism lies at the heart of this extraordinary story. So does a portrait of intense romantic intimacy and the conundrum of Krishnamurti's own complex character.

*Think on These Things* - Jiddu Krishnamurti 2010-08-10

'The material contained in this volume was originally presented in the form of talks to students, teachers and parents in India, but its keen penetration and lucid simplicity will be deeply meaningful to thoughtful people everywhere, of all ages, and in every walk of life. Krishnamurti examines with characteristic objectivity and insight the expressions of what we are pleased to call our culture, our education, religion, politics and tradition; and he throws much light on such basic emotions as ambition, greed and envy, the desire for security and the lust for power -

all of which he shows to be deteriorating factors in human society.' From the Editor's Note 'Krishnamurti's observations and explorations of modern man's estate are penetrating and profound, yet given with a disarming simplicity and directness. To listen to him or to read his thoughts is to face oneself and the world with an astonishing morning freshness.' Anne Marrow Lindbergh

**Krishnamurti's Notebook** - Jiddu Krishnamurti 2008

When Krishnamurti's Notebook first became available in 1976, it was soon realized that it was a spiritually unique document giving his perceptions and experiences and describing his states of consciousness. It is a kind of diary but one that is little concerned with the day to day process of living, though very much aware of the natural world.

**Life Ahead** - Jiddu Krishnamurti 2010-10-19

Life Ahead presents lessons that move far beyond the traditional forms of education taught in most schools and colleges. Drawn from transcripts of talks given to Indian students, the book covers a wide range of universal topics. In short, accessible chapters, Krishnamurti explores the danger of competition, the value of solitude, the need to understand both the conscious and the unconscious mind, and the critical difference between concentration and attention, and between knowledge and learning. Krishnamurti exposes the roots of fear and eradicates deeply entrenched habits of tradition, limitation, and prejudice. The life he holds forth requires a complete change of thought, even a revolution, one that begins "not with theory and ideation," he writes, "but with a radical transformation in the mind itself." He explains how such transformation occurs only through an education that concentrates on the total development of the human being, an education carefully described in this simple yet powerful book.

**The Shadow That Seeks the Sun** - Ray Brooks 2018-02-13

An uplifting story of enlightenment that reveals simple yet profound truths about our true nature, set amidst the atmospheric banks of the River Ganges that will appeal to both the self-help, non-duality, and "Eat, Pray, Love" travel markets. "No effort is necessary, Ray, no new knowledge required or acquired. No transcendental experience or higher

consciousness needs to be achieved. When the recognition of what you are is seen - nothing at all happens. Why would it? You simply find yourself as you already are." It is widely thought that finding peace, happiness and freedom requires tremendous effort - that in order to achieve a state of contentment and harmony in life, a journey must be taken, or someone or something must be awakened or overcome. After a chance encounter with an Anglo-Indian holy man on the ghats of the sacred River Ganges, Ray Brooks discovers through the course of nine conversations that his quest for wholeness has been futile: no such journey was necessary, and, just like a shadow that seeks the sun, he had been searching for a self that had never been lost in the first place. After acknowledging that simple yet profound truth - that the seeker and that which is sought are one in the same - the search for "oneness" is complete. This book offers no systems of belief or promises. Instead, it clearly points to that which is ever-present yet completely overlooked: the ordinariness and beauty of our true nature.

[The Awakening of Intelligence](#) - J. Krishnamurti 2021-01-05

This comprehensive record of Krishnamurti's teachings is an excellent, wide-ranging introduction to the great philosopher's thought. With among others, Jacob Needleman, Alain Naude, and Swami Venkatasananda, Krishnamurti examines such issues as the role of the teacher and tradition; the need for awareness of 'cosmic consciousness; the problem of good and evil; and traditional Vedanta methods of help for different levels of seekers.

*Krishnamurti and the Rajagopals* - Mary Lutyens 1996-01-01

**The Book of Life** - J Krishnamurti 2001

Inspired By Krishnamurti S Belief That Truth Is Found Through Living, The Book Of Life Presents 365 Timeless Daily Meditations, Developed Thematically Over Seven Days, Illuminating The Concepts Of Freedom, Personal Transformation, Living Fully Awake And Much More. For Everyone Who Has Come To Cherish The Wisdom Of This Extraordinary Spiritual Sage As Well As Anyone Discovering Krishnamurti For The First Time The Book Of Life Is A Profound Collection Of Insights To Treasure

Everyday. The Story Of Mankind Is In You, The Vast Experience, The Deep-Rooted Fears, Anxieties, Sorrow, Pleasure And All The Beliefs That Man Has Accommodated Throughout The Millennia. You Are That Book. J. Krishnamurti

**The Inner Life of Krishnamurti** - Aryel Sanat 2013-11-01

Aryel Sanat's meticulously researched and cogently argued exploration of Krishnamurti's inner life and experiences explodes a number of popular myths about Krishnamurti, particularly that he denied the existence of the Theosophical Masters and disdained the esoteric side of the spiritual path. Rather, Sanat persuasively demonstrates, Krishnamurti had a rich and intense esoteric life. Moreover, the truths of the Ancient Wisdom, as revealed through the Masters, were a reality to Krishnamurti every day of his life, from his boyhood until his death. The real story of Krishnamurti's inner life is shown to have critical implications for our understanding of Krishnamurti's life and ideas and for our views of Theosophy, Buddhism, the teachings of Gurdjieff--- indeed, the entirety of contemporary spiritual thought.

**The Ending of Time** - Jiddu Krishnamurti 1985-05-01

This very important work offers penetrating dialogues between the great spiritual leader and the renowned physicist that shed light on the fundamental nature of existence. Krishnamurti and David Bohm probe such questions as 'why has humanity made thought so important in every aspect of life? How does one cleanse the mind of the 'accumulation of time' and break the 'pattern of ego -centered activity'? The Ending of Time concludes by referring to the wrong turn humanity has taken, but does not see this as something from which there is no escape. There is an insistence that mankind can change fundamentally; but this requires going from one's narrow and particular interests toward the general, and ultimately moving still deeper into that purity of compassion, love and intelligence that originates beyond thought, time, or even emptiness.

*Krishnamurti to Himself* - Jiddu Krishnamurti 1993-01-01

Krishnamurti's last journal, spoken into a tape recorder at his home, Pine Cottage, in the Ojai Valley, brings the reader close to this renowned spiritual teacher. Dictated in the mornings, from his bed, undisturbed,

Krishnamurti's observations are captured here in all their immediacy and candor, from personal reflections to poetic musings on nature and a

serene meditation on death. Reflecting the culmination of a life of spiritual exploration, these remarkable final teachings engage and enlighten.